FOURTH ANNUAL
MOUNTAINS OF MUSIC
HOMECOMING
JUNE 8-16, 2018
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IN THE KEY OF BLUE
24 CONCERTS, 70 CULTURAL EVENTS, 3 FEASTIVALS

ALSO INSIDE: Summer Kick Off Party at The Pinnacle
SYLVIA! At Blue Moon Theatre Company
52nd Annual Covered Bridge Celebration
The Pinnacle to Host Summer Kick Off Pop Up Show with Marsh Regional Blood Center

The Pinnacle will be hosting a Summer Kick Off Concert on June 8th, starting at 6pm. The event will feature three trending musical groups, We The Kings, In Real Life, and Bryce Vine. Admission is FREE for all attendees and seating is first come, first served.

The major sponsor for the event is Marsh Regional Blood Center. The center provides blood for local medical centers through blood drives and mobile bloodmobile donation services. Marsh Regional Blood Center also provides needed bone marrow and blood platelet donation services to help community trauma, surgery, cancer, leukemia, aplastic, and other patients in need.

The schedule for the concert will begin at 6:00 pm with Bryce Vine, a hip-hop artist from New York City. Bryce Vine’s work includes hits like Drew Barrymore, Sour Patch Kids, and Take Me Home. In Real Life will perform the next set, pop artists from Los Angeles, CA. The five-artist group was formed from the five finalists from the ABC reality show, Boy Band. They will be performing many of their top songs, including Tattoo, Eyes Closed, and How Badly. We The Kings, a rock band from Bradenton, FL, will provide the final set. With songs like their platinum single Check Yes Juliet, and top 40 singles like Heaven Can’t Wait and We’ll Be a Dream, they will put on a great show.

With great hip-hop, pop, and rock music to fill the night, The Summer Kick Off Pop Up Show is sure to have something for everyone. So, make plans now to attend! Heather Hill, Property Manager of The Pinnacle said, “The Pinnacle is proud to offer another free concert for the community. Having great partners, like Electric 94.9 and Marsh Regional Blood Centers, makes it possible to offer these amazing shows with national headlining artists. We are looking forward to an amazing event, and we hope our neighbors will come enjoy the show as well as the great dining, entertainment, and shopping available at The Pinnacle.”

The show will be located behind Chick-fil-A in The Pinnacle on the left as you enter the center. The event is completely FREE for all attendees thanks to the support of Marsh Regional Blood Center, Electric 94.9, and The Pinnacle, the region’s premier shopping destination.

For more information about The Pinnacle, visit www.thepinnacle.com.
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Let’s Get Social!
ABINGDON, VA – Organizers throughout Southwest Virginia are gearing up for the 4th Annual Mountains of Music Homecoming, an extraordinary nine-day celebration of traditional music and culture taking place June 8 - 16, 2018, in over forty communities throughout Southwest Virginia. The Crooked Road, Virginia's Heritage Music Trail, connects nine major music venues and over 50 affiliated venues and festivals presenting traditional music 365 days a year. With 24 featured concerts, three culinary based Feastival events, and over 70 cultural events, the Mountains of Music Homecoming encourages travelers to follow the music through the heart of The Crooked Road Region.

Residents and visitors can expect an extraordinary menu of Appalachian food, authentic culture, local arts and crafts, history, outdoor adventure, and a remarkable schedule of bluegrass, old time, blues, gospel, folk and traditional music concerts performed all along the more than 300 miles of The Crooked Road. The 2018 Homecoming will feature Doyle Lawson & Quicksilver, Lonesome River Band, Del McCoury Band, blues legends Jimmy Duck Holmes and Phil Wiggins, a unique Stanley Brothers All-Star Band, a showcase of the Best All Around Performers from the Galax Old Fiddler’s Convention and dozens more.

“You can hear music from The Crooked Road region worldwide, but experiencing it in the place it comes from is a totally different thing,” said Crooked Road executive director Jack Hinshelwood. “It’s like the difference between someone describing ice cream to you and actually tasting it yourself. Meeting the artists who keep this music alive with the mountain peaks that inspired it in the background is a transcendent experience. That’s what makes The Crooked Road and the Homecoming so special.”

In the Key of Blue

The music of The Crooked Road region influenced and was influenced by a variety of musical traditions from around the nation and world. Each year, the Mountains of Music Homecoming highlights another tradition along with its own unique heritage. This year, the Homecoming will feature Mississippi blues, with its rich history and indelible contributions to American music.

The opening night of the Homecoming will feature legendary blues guitarist Jimmy “Duck” Holmes and blues harmonica wizard Phil Wiggins & Blues House Party at Heartwood in Abingdon on Friday, June 8 at 7:30 p.m.

Bentonia, Mississippi native Jimmy “Duck” Holmes grew up playing the particular style of Delta Blues associated with his hometown, following such blues masters as Skip James and Jack Owens. As well as singing his own compositions, Holmes performs from a repertoire of classic local blues, as well as owning and operating the Blue Front Café, the oldest juke joint in Mississippi, which was opened by his parents in 1946. He has released a number of albums and was recently featured in the award-winning Canadian documentary I Am The Blues in 2015.

Renowned harmonica player and NEA National Heritage Fellow Phil Wiggins leads the Washington, D.C. Blues House Party in new and classic
Piedmont-style blues. Wiggins has performed alongside a Who’s Who of blues artists including John Cephas, Sunnyland Slim and Robert Belfour. With House Party he is joined by Rick Franklin (guitar and vocals), Marcus Moore (fiddle) and Junious Brickhouse (dance).

“The blues is a music form that has had a huge impact on the music of The Crooked Road, influencing old-time music, bluegrass, and singing styles especially,” said Ted Olson, Appalachian Studies professor at ETSU.

“As an African American-based tradition, the blues is a great starting point for exploring the influence of African American culture on our music, what we eat, our regional history and the arts.” The cover of the Homecoming’s official program guide features original artwork by Chilhowie, Virginia folk artist William A. Fields and an introductory poem crafted by award-winning poet, activist and University Distinguished Professor at Virginia Tech, Nikki Giovanni.

Tickets to this event are available online at www.mtnsofmusic.com and locally at Heartwood (276) 492-2400. Tickets cost $20 in advance, $25 after May 31, and $12 for children 12 and under.

Join In

The Homecoming is busting at the seams with opportunities to join in the music at jam sessions like the Smyth County Jam in Chilhowie, the Market Square Jam in Blacksburg, and the Bluegrass and Old Time Jam at Heartwood in Abingdon. Don’t play an instrument? – bring your feet and dance to the beat.

The Ultimate Road Trip

Southwest Virginia offers more than just great music and good eating. The Crooked Road region gives visitors many one-of-a-kind opportunities for sightseeing, exploration and outdoor adventure. Alongside the concerts and Feastival events, Homecoming attendees will have a chance to check out over 70 cultural events such as wine and craft beer tastings, jam sessions, quilting demonstrations, storytelling, dances, outdoor adventure, river float trips, community meals and theatre shows. Whether mingling with the locals in a picturesque small town or musing in wonder at the spectacular views from a high vista, visitors can connect to the deep well of inspiration that has birthed so much extraordinary music and art.

The 2018 Mountains of Music Homecoming kicks off on Friday, June 8. For concert tickets and information about artists and cultural events, visit www.mtnsofmusic.com.

For more information, please contact Jack Hinshelwood with The Crooked Road (276-492-2402) or Jenna Wagner with the Friends of Southwest Virginia (276-492-2422).

About The Crooked Road:
Virginia’s Heritage Music Trail

The Crooked Road is a 330 mile driving trail through the mountains of Southwest Virginia that connects nine major venues and over 60 affiliate venues and festivals that visitors can enjoy every day of the year. The Crooked Road: Virginia’s Heritage Music Trail is also a 501 (c) 3 non-profit organization founded in 2004 whose mission is to support economic development in Southwest Virginia by promoting this region’s rich heritage of traditional music. The Crooked Road began as an idea in January 2003. And response to the concept from communities, musicians, music venues, and tourism organizations was positive and immediate. As a result of this enthusiasm, “The Crooked Road” now includes nineteen counties, four cities, over 50 towns, five regional planning districts, two tourism organizations, and a large number of music venues. The Crooked Road and the Mountains of Music Homecoming is supported by the Virginia Tobacco Region Revitalization Commission, the Appalachian Regional Commission, Virginia Department of Housing & Community Development, Virginia Tourism Corporation, National Endowment for the Arts, Virginia Commission for the Arts, Food City, Blue Ridge Beverage, Southwest Virginia localities and many more generous partners.
SYLVIA!
at Blue Moon Theatre Company

A.R. Gurney's 1995 Off Broadway hit! Comedy Greg and Kate have moved to Manhattan after twenty-two years of child-raising in the suburbs. Greg's career as a financial trader is winding down, while Kate's career, as a public-school English teacher, is beginning to offer her more opportunities. Greg brings home a dog he found in the park—or that has found him—bearing only the name "Sylvia" on her name tag. A street-smart mixture of Lab and Poodle, Sylvia becomes a major bone of contention between husband and wife. She offers Greg an escape from the frustrations of his job and the unknowns of middle age. To Kate, Sylvia becomes a rival for affection. And Sylvia thinks Kate just doesn't understand the relationship between man and dog. The marriage is put in serious jeopardy until, after a series of hilarious and touching complications, Greg and Kate learn to compromise, and Sylvia becomes a valued part of their lives.

OPENS JUNE 8th!

FREE SUMMER FUN DAY

ETSU to host free summer fun day for community on June 9

JOHNSON CITY – East Tennessee State University, through its ETSU Northeast Tennessee Nurse-Family Partnership program, will host a summer fun day for the community on Saturday, June 9, from 2-4 p.m.

The free event, set to take place at Memorial Park Community Center, will feature several booths and activities promoting safe summer fun. Those taking part include Hands On! Museum, Ballad Health, Olson’s Martial Arts, Macaroni Kid Tri-Cities, Pampered Chef, the Family Justice Center and more. The event will include door prizes and giveaways. Additional businesses or organizations interested in reserving free vendor space at the event can do so by calling 423-900-3160.

The Memorial Park Community Center is located at 510 Bert St. For more information, about the summer fun day, call 423-439-6062.

For more information contact Blue Moon Theatre Company, 215 E Main Street Johnson City // 423-926-1044

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Steel Magnolias
Written by Robert Harling
BEGINS MAY 31
The beloved character Han Solo first burst onto cinema screens in the 1977 film "Star Wars," and the character, as interpreted by Harrison Ford, became as iconic as the film series. Fans enjoyed the character through 3 films, and it was a long time before Harrison would appear as Solo, in the 2015 release "Star Wars: The Force Awakens," where the character made memorable appearances with the Wookie Chewbacca and Leia Organa (the late Carrie Fisher). The character of Solo is now front and center in his own film, "Solo: A Star Wars Story," starring Alden Ehrenreich ("Hail, Caesar!") as the young Solo.

The film is a stand-alone story and is set prior to the events of "Star Wars: A New Hope." The film begins with the introduction of Solo and his girlfriend Qi’ra (Emilia Clarke of "Game of Thrones"), as they attempt to escape the shipbuilding world of Corellia, where they, along with orphaned children are forced to steal for a local crime gang. The two plan an escape, but only one of the duo is able to make it off Corellia. You can probably guess which one. To hasten his exit from Corella, Solo joins the Imperial Navy of the Empire, and while on a mission, runs across a couple of thieves, Tobias Beckett (Woody Harrelson) and Val Beckett (Thandie Newton), and attempts to convince him he wants to be part of their smuggling jobs. No sooner can you say betrayal, the Beckett’s turn against Solo and he is thrown into a pit where it is hoped he will be killed by...yes...the Wookie Chewbacca (Joonas Suotamo). Instead of falling prey to the strong Wookie, Solo uses his charm and wits to convince Chewie the two can escape their imprisonment. Of course they do, and eventually are able to catch up with the Becketts and join them on a mission to steal a shipment of coaxium, a very valuable hyper fuel. The Becketts are stealing the coaxium for the Crimson Dawn, led by the vicious crime lord Dryden Vos (Paul Bettany).

After years of trying to get back and rescue his love Qi’ra, finally crosses paths with her once more, but so to avoid spoilers, I will not say how or when. Let’s just say the two are able to team up again. In the film Solo meets Lando Calrissian (Donald Glover in the role originate by Billy Dee Williams) for the first time, and sparks fly between the two overly confident characters. So no aspect is left out of a true “Star Wars” story, we meet a hilarious and extremely smart droid named L3-37 (voiced by Phoebe Waller-Bridge), who is Lando’s companion and navigator. As expected, strange and exotic aliens abound, especially in a scenes where Solo and Lando gamble for possession of the Millennium Falcon. Speaking of the Millennium Falcon, I loved seeing Solo enter the famous ship and pilot it for the first time. Oh, yes, and there are Stormtroopers in the film, along with a surprise appearance from a character featured in "The Phantom Menace." I really enjoyed how we are introduced to this characters in their younger years, and how they become the characters "Star Wars" fans know and love.

As for the actors, Ehrenreich had the big shoes of Harrison to fill, and he makes the role his own, and you can tell the actor studied Harrison thoroughly. Co-star Clarke, one of my favorite actors from "Game of Thrones," is a welcome addition to the "Star Wars" universe, and her onscreen chemistry with Ehrenreich is strong. The interactions between Solo and Chewbacca are delightful, and the same holds true for those scenes with Lando and Solo. The film has all the breathtaking action we expect in a "Star Wars" film, and while epic in scale, still has an intimate feel. In my humble opinion, "Solo: A Star Wars Story" is one of the best in the series, and "Star Wars" fans should delight in seeing the self-proclaimed scoundrel in a romp through that galaxy far, far away.

(Rated PG-13)
Rogersville Arts Council is proud to announce its second one-week day camp for students who have just finished grades K-8. Last year, students from Hawkins County charmed audiences with a wide range of songs and scenes from Disney. This year, students have the opportunity to learn and perform classic songs from the American musical theatre. Students will learn songs from shows such as Joseph and the Amazing Technicolor Dreamcoat, You’re a Good Man, Charlie Brown, Annie, Get Your Gun, The Sound of Music, The Music Man, and Bye, Bye, Birdie. The camp will also feature song, dance, and scene work from the timeless musical Annie, including the songs “Hard Knock Life,” “Maybe,” “Tomorrow,” and “You’re Never Fully Dressed Without a Smile.”

The Broadway Show Choir Camp will be held at Cherokee High School. It will take place Monday through Friday, June 18-22, from 10 AM to 3 PM. Campers will be required to bring a bag lunch each day. Performances will be held Friday and Saturday, June 22 and 23, at 6 PM, and Sunday, June 24, at 3 PM, in the CHS Little Theatre. Tickets will be available online or at the door for $7. All proceeds will go toward arts programs and education for citizens of Rogersville and Hawkins County.

The camp will be directed by RAC Board member Amanda Campbell, who has served as actor, music director, and/or director for several shows with the RAC, and Encore Theatrical Company in Morristown. She has also directed all of RAC’s youth drama productions since 2012, including The Little Mermaid Jr., Annie Jr., Sleeping Beauty Kids, Cinderella Kids, and Honk Jr. The camp will be co-directed and choreographed by Board member Anna Campbell, actor, choreographer, dancer, and dance instructor whose work includes Encore Theatrical Company, RAC with youth drama productions, and teaching multiple genres at Studio 180 Dance in Morristown.

Interested campers who have just completed grades K-8 may register at RAC’s website www.rogartscouncil.org under the “Registration Forms” tab. There is a $25 camp fee, payable online or by check, which covers a camp t-shirt for the performances, music and CD for songs, and 2 complimentary tickets to a performance. Registration will be open until Wednesday, June 13. For questions not answered by the registration form, please Contact Us on our website, email rogersvilleartscouncil@gmail.com, or call/text the director, Amanda Campbell, at (423) 307-2341.
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The Covered Bridge Celebration in Elizabethton TN returns for 2018

with award-winning musicians, fantastic vendors, and something for the whole family! Beginning Thursday, June 7th at 7pm with music in covered bridge park by Carson Peters and Iron Mountain Band. The celebration will start again on Friday with Vendors, Kid’s Island and live music by Doyle Lawson & Quicksilver. Saturday morning at 10am begins another day of vendors, kid’s island and live music by Billy Dean.

LampLight Theatre is proud to present its 15th bi-annual gospel singing! The Springtime Jubilee is sure to please the ear and lift the spirit! Hosted by local Gospel group, “Phillips and Banks”, the choir of nearly 70 local singers will lift your spirits with 20 “best-of” songs that they have had the privilege to sing throughout the years. Some of our most treasured melodies are making a comeback like “He Won’t Leave You There”, “The Healer”, and “This is How it Feels To Be Free”. They will get your toes a-tapping with numbers like “You Can’t Take My Joy”, “My Child is Coming Home”, “Steppin’ On The Clouds”, and “I Saw The Light”. Gifted soloists, trios, quartets, and a choir gathered from the region’s best singers and musicians hope to usher you into the throne room of heaven as they praise the Lord through this awesome night of worship!

The Springtime Jubilee will be performed Friday, June 8 and Saturday, June 9 at 7:30 p.m. at LampLight Theatre in Downtown Kingsport, 140 Broad Street Kingsport, TN 37660. Tickets are a suggested donation of $10 Adults, $5 Students, and FREE for children 5 & under. Reservations are strongly suggested and can be obtained by calling our Box Office at (423) 343-1766, Monday through Friday from 9 a.m. to 5 p.m. or online at www.LampLightTheatre.com. Make it an evening you won’t forget by bringing your church group or date to a lovely catered dinner in the elegant Emporium. The meal will be served before the Saturday night performance on June 9. The Emporium is located adjacent to the theatre. Pratt’s Barbecue will provide a deliciously catered meal between 5:30pm and 7:00pm, when the performance begins. Reservations are required. Dinner & the performance are $30 per adult, $17 per student (ages 4-12), and free for children 0-3 years old.
Join us for an evening of outstanding entertainment on Saturday, June 9 at the Renaissance Center Auditorium located at 1200 E. Center Street, Kingsport, TN. Show time is at 7:00 PM. Elvis & Legends Tribute Show features tributes to the King of Rock N’ Roll – Elvis Presley, Ann Margaret, Johnny Cash, Loretta Lynn, Tammy Wynette and Jeff Foxworthy.

Brandon E will perform the ’70s concert era along with our special guest and Pigeon Forge headliner, Stewart Chapman to perform the 50’s & 60’s era. Chloe Page as Ann Margaret will also be making a guest appearance. Ronnie Miller will pay tribute to Johnny Cash, Makenna Harmon performs her tribute to Loretta Lynn and Donna Kestler performs her tribute to Tammy Wynette. Along with our tributes we have incorporated some comedic humor. Jamie Simpson has been voted #1 in the world for his Jeff Foxworthy tribute. Jamie is also our emcee for the show.

Tickets are available for advanced purchase by contacting Missy Miller with R&M Tribute Entertainment at 865-684-6082. Tickets will also be available at the door the night of the show. VIP/Reserved seats are $20 and General Admission are $15 (12-6 years old $7.00 and 5 and under are FREE).

DEBIT/CREDIT is available for advanced purchase.

Ronnie Miller is from Maryville, TN. He is a multi-award winning, professional Elvis Tribute Artist, entertainer, singer, and performer. Ronnie has won several local and national singing awards. He was inducted into National Elvis Organizations. He is also a Johnny Cash Tribute Artist as well as a gospel entertainer. Ronnie will be performing his tribute to Johnny Cash. Brandon E is from Athens, TN. Brandon grew up surrounded by all of the music Elvis loved so much; blues, country, rock and gospel. Brandon developed a love for Elvis and his music at an early age. He has performed Elvis tributes in many venues all over the Southeast. Brandon has won many awards and accolades in his many years as an Elvis Tribute Artist. He most recently (2017) placed in the Smoky Mountain Elvis contest held in Pigeon Forge, TN. Brandon will be performing the ’70s stage concert era.

Stewart Chapman is from Stanardsville, Virginia, but recently relocated to Pigeon Forge, TN. In 2016, Stewart won second place in an Elvis contest at the Lake George Elvis Festival. He currently performs as a headliner in Pigeon Forge, TN. He will be performing the ’50s & ’60s era of the Kings of Rock N’ Roll.

Chloe Page is from GA. She currently resides in Pigeon Forge, TN. She performs Ann Margaret along with other tributes. She is a new and upcoming performer in the PF area. Jamie Simpson is known as the number one Jeff Foxworthy impersonator in the world. He has met and performed with the real Jeff Foxworthy and currently travels the country performing his tribute. He has performed at theaters in and around Pigeon Forge for decades.

Makenna Harmon is from Seymour, TN. She has been performing for over 30 years. She performs her Tammy Wynette tribute as well as a wide variety of country artists. She was the first female in East Tennessee that brought the popular karaoke to the area. Since then she has developed her tributes to country music and performed in the East TN and surrounding areas.

For more information about the show or to purchase tickets contact Missy Miller at (865) 684-6082 or tribute.entertainment@yahoo.com.

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**Health Matters**

by Patsy Meredith, C.N.C.
Owner of Natural Foods Market

Heart disease accounts for one in every three deaths in the U.S. each year. Two major risk factors for this deadly disease are unmanaged blood cholesterol levels and inflammation. According to the American Heart Association, 50% of those over age 50 have an increased risk of heart disease due to their cholesterol levels.

Of course, diet and exercise are the building blocks of cardiovascular health, but sometimes more is needed. Cholesterol Wellness contains natural plant sterols proven by decades of research to naturally control cholesterol production, as well as other nutrients known to stabilize levels, such as niacin, chromium, red yeast rice, policosanol and CoQ10.

The ingredients in Cholesterol Wellness have been demonstrated in clinical trials to help increase HDL (good) and lower LDL (bad) levels. Because cholesterol-lowering statin drugs have a high risk of side effects, a more natural approach can be better tolerated and, in many cases, as effective.

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**American Music Prodigy to Perform in Jonesborough**

Twenty-nine-year-old Jerron “Blind Boy” Paxton’s vintage sound is a living memory of a bygone era. Channeling performers who lived more than a century ago, his banjo-infused, blues music and the stories surrounding it will be the focus of Paxton’s upcoming artistic residency in downtown Jonesborough.

His appearance is part of the Storytelling Live! series, a six-month bonanza of live performance produced by the International Storytelling Center.

Paxton’s nickname isn’t just a throwback to the blind blues greats of yesteryear. The multi-instrumentalist began to lose his vision as a teenager, and has been for all intents and purposes blind since the age of 16. “I have visual impairments, but Legally Blind Boy Paxton is the stupidest stage name I could come up with,” he jokes. “So I just omitted the ‘Legally.’”

Paxton is perhaps best known for playing guitar and banjo, but his expert ear and natural ability mean that he can pick up almost any instrument.

“People call this traditional music, and a lot of people think of me as a revivalist,” he says. “I don’t tend to think of things in those terms because I’m a musician. This is the music I’ve always played for my family. It’s not old or traditional or a throwback; I’m just a dude that plays music that my folks and I want to listen to.”

Some of Paxton’s stylings hearken back more than 200 years ago, from unrecorded genres that have been passed down from one player to another.

“Back home in South Central [Los Angeles], I played the music my grandma taught me from the cotton field,” Paxton says. “The techniques and a lot of the melodies are made out of old cloth by the builders of America.”

Paxton’s charming blend of music and storytelling will be center stage during his weeklong residency in Jonesborough. Performances are at 2 p.m. each day Tuesday through Saturday, June 12 - 16.

Tickets are just $12 for adults, and $11 for seniors, students, and anyone under 18. Season passes will be available at more than a 40 percent discount, but only for a limited time. Advance purchase for all events sponsored by the International Storytelling Center is highly recommended.

All ticketholders can present their ticket stubs for a 10 percent discount on same-day dining at JJ’s Eatery and Ice Cream; Main Street Café (lunch only); Medley Vegan Vegetarian; Olde Towne Pancake House; and The Corner Cup. Boone Street Market is offering 10 percent off prepared meals and 5 percent off any other purchase.

Storytelling Live! runs from May through the end of October, with daily matinees Tuesday through Saturday and special programming like children’s shows and workshops scheduled throughout the season.

Information about all performers, as well as a detailed schedule for 2018, is available at www.storytellingcenter.net. The premier sponsor of Storytelling Live! is Ballad Health. Additional program funding comes from the National Endowment for the Arts, the Tennessee Arts Commission, the Niswonger Foundation, Eastman Credit Union, and Food City. Media sponsors include News 5-WCYB, FOX Tri-Cities, Tri-Cities CW, Johnson City Press, Kingsport Times-News, Herald & Tribune, and Cumulus Media.

The International Storytelling Center is open 10 a.m. – 5 p.m., Monday through Saturday. For more information about Storytelling Live! or to make a group reservation, call (800) 952-8392 ext. 222 or (423) 913-1276.
The recent deaths of two astronauts allows a contrast of fame and anonymity among some of the most unique and visible people in human history.

Passing into eternity were the fourth man to walk on the Moon, Alan Bean, 86, and the first to spacewalk in the Space Shuttle cargo bay, Don Peterson, 84. Bean was celebrated world-wide as the last survivor of the three-man Apollo 12 crew that went to the Moon in 1969. Peterson’s passing sent space lovers wondering, “Who?” Both men were so much more than their space missions and shared the unique bond of being a space flier—arguably the most unique career ever.

Think about this: since the first spaceman, Yuri Gagarin, in 1961, there have been exactly 536 humans who can say they’ve been blasted into space (as of June 1, 2018). Now in that 57 years, a lot of people have been born in the world who could have been astronauts. Just how many? In 1960 the world population was around 4 billion. Today in 2018, that has doubled to 8 billion. So, it’s safe to say that births and deaths could account for about 4 billion humans in the last five decades. Can we assume that about half have become space men and women? Of those, most of them were Americans, then Russians and another three dozen from other countries taken to space by the two Superpowers. China has added to the total with its growing space program.

The point is, when you meet an astronaut—and many of us have or will—you are meeting a person who has gone through some very specialized training like no other. It makes brain surgeons a dime a dozen! At the forefront of human space travel were Bean and Peterson, both chosen as astronauts in the 1960s destined for very separate paths that never crossed. Bean was a Navy man, training at the U.S. Naval Test Pilot School in Maryland, where future Apollo 12 commander Pete Conrad was his instructor and future crewmate Dick Gordon was a fellow flier.

Apollo 12 was a perfect mission with one of NASA’s tightest crews, a real “band of brothers.” While Gordon orbited the Moon in the Command Module “Yankee Clipper,” Conrad flew the Lunar Module “Intrepid” with Bean giving flight guidance. The pin-point landing a few hundred yards from an unmanned Surveyor III spacecraft was a lot smoother than Apollo 11’s landing four miles long from its target. They stayed on the Moon for a day, making two, four-hour excursions outside their moon ship.

After his amazing rookie voyage at age 37, Bean stayed with NASA and backed up the Apollo-Soyuz Test Project with Russia, and then became the commander of Skylab 3. That was a hugely successful 59-day mission with Jack Lousma and Owen Garriott in America’s first space station.

After 18 years as an astronaut, Bean retired to pursue his true love, painting. With the unique perspective of living in Earth orbit and walking on the Moon, Bean went to art school and honed his natural talent for oil painting. He focused on the subject he knew best, the Moon, and incorporated in his paintings the unique experiences of the other 11 moonwalkers.

Painting one day, Bean looked at his mission patches framed as a keepsake, and realized they were dirty with moon dust! He collected the priceless moon grains, cut up some of the patches, and mixed them in the base paint for all his work, adding a lunar touch—as well as lots of dollar signs. Bean textured the canvas base with the imprint of a training moon boot and mixed in a hammer he used on the Moon. Many of Bean’s large paintings sell for $30,000, his commissions even more. A book of his excellent artwork, “Apollo,” is quite popular.

Bean, a native Texan, bragged that he was the only human on Earth who could paint the Moon, because he’s the only one to know if it was right or not. Away from the fame of a moonwalker, astronaut Peterson had quite an interesting career or not. Away from the fame of a moonwalker, astronaut Peterson had quite an interesting career filled with “What Ifs.” The Mississippi native was a West Point graduate and his brilliance found him at the Aerospace Research Pilot School at Edwards Air Force Base, California. In 1963 Peterson was chosen for a special group of astronauts in the U.S. Air Force’s manned spaceflight program, the Manned Orbital Laboratory (MOL). This was a separately funded program from NASA.

The successor to the cancelled Boeing X-20 Dyna-Sour spy space plane, MOL was a military outpost from Earth orbit. A cylindrical, 70-foot “laboratory” and the two-man Gemini “B” space craft would be stacked and launched on a Titan rocket. A hatch through the heatshield would give access to the MOL and a 40-day mission of surveillance and (some) science. Declassified MOL files reveal that astronauts were training to fly a prototype of the Manned Maneuvering Unit (MMU) once used for untethered flight from the Space shuttle. One of the MMU uses by MOL astronauts was to fly over and inspect up close orbiting satellites (or maybe even disable them?)

The Air Force MOL program was cancelled in 1969 as it became clear that unmanned reconnaissance satellites could do the important job of national security from Earth orbit. Lt. Col. Peterson and a dozen other MOL astronauts found their way into the Space Transportation System of NASA and the complex space truck, the Shuttle. Many of the MOL program details are buried in classified Air Force files, so Peterson must have been involved in some very interesting training. His Air Force experience as a nuclear systems analyst must have come in handy.

Peterson’s day in the limelight came at age 49 in April 1983 when Orbiter Challenger made its maiden voyage. The five-day mission of four astronauts included the program’s first spacewalk as Peterson and Story Musgrave tested the airlock, new spacesuits and maneuvering techniques in the Shuttle’s huge, 40-foot cargo bay.

Don Peterson retired from NASA a year after his Challenger flight and entered the private aerospace industry. He blended back into the aviation world as an outstanding consultant, once having had a “one-in-a-hundred-million job” as astronaut. Quite a contrast from the “astronaut for life” that Alan Bean became and proudly shared with the world in his art. Both are space heroes, forever speeding in the future as part of the history of a rare and beautiful brethren known as astronauts.
Informative and interesting! Thank-you very much, you have been a part of our lives for a long time. Thanks again!!!
— Tammy B

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Purify your roots for a shiny, soft, and lush for the season with a new formula to remove chlorine & product residue to allow your hair to receive nourishment from the inside. Color safe & complete with a designer cut to remove split ends.

Beach Body
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Prepare and firm your skin and body for the week with this hydrating body treatment. This Eminence organic treatment softens & strengthens skin structure leaving skin firm, soft, supple, & glowing. Also, incorporates an herbal cool mist treatment.

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Give spa with us here lay out on our saltwater pool for the perfect mini getaway! First, enjoy your relaxing treatments in the spa, then relax by the pool to complete your experience.

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Booze & Food
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Open Mic
Karaoke
Bingo

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If you, over these last twelve years (holy cats), have followed my column with any regularity, then you are most aware that yours truly is rather enthusiastic over board games. Some know me as “the movie guy” or “the record guy,” but when people ask me what my hobbies are I tend to answer with board games first and foremost, as I see the other two as more “life essentials.” Some of you may also be aware that popular crowdsourcing website Kickstarter has been the home to many a board game’s launching pad, most notably that crazily popular party game of the last few years Cards Against Humanity.

Collecting board games to me is beyond just having a game to enjoy playing with friends, though that is very much part of it. On the one hand, board games are art pieces. Unique visual graphic designs created for each and every part included the game. On the other hand, board games can also serve as pop culture memorabilia. Take a trek through eBay sometime and you can see that almost every TV series during the 60s through the 80s had a board game in some fashion or another. My collection is home to, as an example, board incarnations of “The Man From U.N.C.L.E.” and “The Bionic Woman.”

But above all board games are a fun hobby that speaks to the core of my being, which is that of an overly enthusiastic 12 year old—I am, and perhaps forever will be, a kid at heart. The benefit of backing board games on Kickstarter is not just helping someone bring their creative vision to life, but to see how the game evolves from concept to final art, to production, to arrival at your front door. To date, I’ve backed three games on Kickstarter. The most recent one just ending its funding campaign a few weeks ago, an updated version of the 1986 cult favorite game “Fireball Island”—original copies of which go for hundreds of dollars on eBay.

My friends become all too aware of whenever I’m backing a game on Kickstarter because in my excitement over the whole affair I generally won’t stop talking about it for months. “Oh, did you see this? They broke the half a million mark in just a day!” I’ll say. When the creators of the game send out an update for something where they’re adding to the quality of the game components, I’ll talk about that too. Showing off concept photos on my phone like a proud papa. “Did you see this? They’ve added silver foil highlights to the box art!” or “Did you see this? They’ve changed this from a cardboard application to a crafted wooden piece that can hold your treasures. It’s a nice touch isn’t it?”

Backing “Fireball Island” has been a bit different, as I convinced a buddy of mine to back the game as well and our friend to me and said “Hey, did you see this? They’ve made the marbles fancy!” It all gets back to that “kid at heart” core of mine, and to a degree how I would eat up a new board game when I was a kid and ooh and ahh over all the parts and pieces—which was great when it was a game with 3D playing areas like the much beloved 90s cult classic game “13 Dead End Drive.”

Most of the time I think my friend’s don’t mind listening to my excitement over these games I back online. It’s good they’re there for me, or otherwise, I’d be doing events like “An Evening With Andy Ross” where I’d take over an auditorium to just show off my board game collection in-between readings of selected columns from over the years. Actually, you know what? That’s not a bad idea. I gotta get someone on the phone. See you next week.
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THELACERONLINE.COM | JUNE 5, 2018
Moisturizer

Moisturizing is the first and most vital step when it comes to makeup application; doing so will create a smoother makeup application, and will ensure long lasting wear.

Allow 5 minutes for moisturizer to fuse into your skin.

Primer

You will want to apply a Primer as the next step in your makeup application regime. There are many benefits to a Primer: a smooth base for your makeup; reducing oil and shine; and minimizing the appearance of pores.

One of the best Primers is probably already sitting in your medicine cabinet: Nivea Post Shave Balm. Since it contains an immense amount of Glycerin, it will perform as an adhesive property which will allow foundation to adhere to your skin for all day wear.

Foundation

Here is where we get into the actual makeup. Don’t let seeing the word FOUNDATION cause your masculinity to wither away into nonexistence; it really is nothing to be fearful of.

I recommend sticking to a matte and mousse foundation; the matte will refrain from producing a shiny/dewy finish, while the mousse will be light and create a "makeup-free" look.

Blush

To finish, Blush is a simple way to add life and color to your complexion. A pale or baby pink is optimal.

A good tip to abide by is to match your Blush to the color of the inside of your lip; this will insure a more subtle and natural look.

TRUST ME.
YOUR MASCULINITY WILL STAY INTACT.
Ladies and gentlemen, boys and girls and children of all ages, welcome to .... The circus in the Smokies? Last week we took you on an adventure into the world of the circus and introduced you to the Ringling Bros. and Barnum & Bailey's Greatest Show on Earth. We told you how the circus got its start and stayed with you till the end. Last year, the Greatest Show on Earth rolled up their tents, parked their trains and turned out the lights on their show after 146 years. We promised at the end of the last article that one employee found a bittersweet ending. During the 146 years that the Greatest Show on Earth performed, the circus had only one female Ringmaster. Her name is Kristen Michelle Wilson, and even though her days as a Ringling Bros. Ringmaster came to an end, she's found her place in another circus right here in our own Great Smoky Mountains. Here she is ringmaster at the newest show at Smoky Mountain Adventures, Dolly Parton's newest attraction in Pigeon Forge. Come closer and take a look as we pull back the curtain and take you to the circus!

You may remember it being only three short years since Dolly first purchased the former Lumberjack Feud theater with plans to transform it into a new dinner show. 2016 saw the premier of Dolly Parton’s Lumberjack Adventure, a wonderful performance in the vein of its predecessor. Brawny Canadian lumberjacks competed in a high-flown contest to see which side of the theater would win. While the show was loads of fun, it wasn’t without its sense of danger as sharp-bladed axes swung through the air just feet away from visitors. Perhaps it was just a little too much for some guests to handle, because the very next year saw the complete transformation of the entire show once again. Dolly Parton's Smoky Mountain Adventures was displayed prominently above the parking lot as guests arrived for the start of the 2017 season. With the new name came an original performance. Gone were the hatchets and flying wood chips, instead replaced with a foot-stomping musical and stunning acrobatics. We traveled back in time to visit Locust Ridge years before Dolly was born, as her parents' families fought over the local mill, Hatfield and McCoy style. Filled with dance, death-defying stunts, and Dolly's iconic music, the tale of the feud and love between the Owens and the Partons was a beautiful tribute to the people who shaped our region and Dolly's early life. It truly was a masterpiece.

It was with some confusion that we saw billboards displaying the new show for 2018, Dolly Parton's Celebration at Smoky Mountain Adventures. What had become of the spectacle which had garnered our adoration throughout the prior months? Recently we were able to attend a new show, and what a show it was!

Chills raced down our spines as Wilson appeared on stage and announced the coming of the circus to the Great Smoky Mountains with all the vigor and excitement as she did when introducing the next act of the Greatest Show on Earth. In the distance, a circus train is heard approaching, faster and faster until it roars through the theater, thanks to the magic of projectors. What followed was a series of acrobatic performances that took the audience’s breath away. Comedic acts spice up the non-stop action, and visitors should be prepared for a bit of participation on their part. You might want to practice that golf swing in case you’re picked to help with the skunk bucket toss!

Fans of last year’s show shouldn’t be too disappointed, as many of the best elements were passed on to this show, including many of the musical elements. We were most sad to see the exclusion of Dolly’s "These Old Bones," but the new performances made up for it. After acrobatics and musical numbers exceeded an hour, we had finished our delicious food and were ready for the grand finale. If you’re a fan of the circus at all, it’ll be sure to take your breath away! Be sure to stick around after the show to the cast, who usually will stick around for photos and autographs for their adoring fans. On the way out, be sure to stop by the gift shop and purchase a bag of that delicious vegetable soup mix. Come on, you know it's irresistible!

To look up showtimes and purchase tickets, visit https://dpdinnershowtickets.com
The circus is back in town. We promised at the end of last year’s article that one employee found a bittersweet ending. During the 146 years that the Greatest Show on Earth performed, the circus had only one female Ringmaster. Her name is Kristen Michelle Wilson, and even though her days as a Ringling Bros. Ringmaster came to an end, she’s found her place in another circus right here in our own Great Smoky Mountains. Here she is ringmaster at the newest show at Smoky Mountain Adventures, Dolly Parton’s newest attraction in Pigeon Forge. Come closer and take a look as we pull back the curtain and take you to the circus!

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If you or your band are playing in the upcoming week and would like to be in The Spotlight, call in advance to (423) 283-4324 or go online to: theloaferonline.com. Due to last minute cancellations or changes, please call the location to confirm.

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<td>Ralph Stanley II &amp; The Clinch Mountain Boys</td>
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<td>Terry Baucom’s Dukes of Drive</td>
<td>Birthplace of Country Music Museum</td>
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Want more? visit us at theloaferonline.com
**TUESDAY**

Karaoke w/ Crossroads & Josh Blevins at Dawg House Tavern  
Karaoke at Zachary’s Steakhouse  
Family Night Karaoke at CJ’s Sports Bar  
Karaoke at Numan's - Johnson City TN

**WEDNESDAY**

Karaoke w/ Southern Sounds Karaoke at American Legion 8pm  
Michael’s Krazy Karaoke at Marx the Spot  
Karaoke at CJ’s Sports Bar  
Karaoke w/ Absolute Entertainment at Smokey Bones - Johnson City TN  
Turn the Page Karaoke at VFW Post 2108 - Johnson City TN

**THURSDAY**

Karaoke w/ Absolute Entertainment at Macado’s - Kingsport  
Get Wylde Entertainment Karaoke at Painter Creek  
Karaoke at Zachary’s Steakhouse  
Michael’s Krazy Karaoke at Stateline Bar & Grill  
Karaoke at CJ’s Sports Bar  
Karaoke w/ DJ Marquez Top Shelf Entertainment at Wild Wing Cafe JC  
Karaoke at Numan’s - Johnson City TN  
Karaoke w/ Absolute Entertainment at New Beginning’s  
Karaoke at Jiggy Rays Pizzaria

**FRIDAY**

Karaoke w/ Southern Sounds Karaoke at Sportsman’s Bar & Grill 7pm  
Karaoke w/ Shane Rouse at Bear’s Bar  
Karaoke at Kingsport Moose Lodge  
Karaoke w/ Reverb Karaoke at The Cottage 8:30 pm  
Turn the Page Karaoke at VFW Post 2108 - Johnson City TN  
Karaoke w/ Absolute Entertainment at Moe's Original BBQ  
Karaoke w/ Toddzilla at Sportsmans Pub  
Karaoke at Elizabethton VFW  
Karaoke w/ DJ Marquez & Top Shelf Entertainment at Holiday Inn (Exit 7) - Bristol VA  
Karaoke at Numan’s - Johnson City TN

**SATURDAY**

Karaoke at The Horseshoe Lounge  
Karaoke w/ Toddzilla at Sportsmans Pub  
Karaoke at Kingsport Moose Lodge  
Turn the Page Karaoke at VFW Post 2108 - Johnson City TN  
Karaoke w/ Absolute Entertainment at Macado’s - Kingsport  
Karaoke at Numan’s - Johnson City TN

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**fill·er**  
/ˈfɪlər/ noun [countable, uncountable]  
1 British English a substance used to fill cracks in wood, walls etc, especially before you paint them

2 stories, information, pictures etc that are not important but are used to fill a page in a newspaper or magazine

3 a substance that is put under a person’s skin to make lines on their skin less deep or to make their lips bigger
Celestial events in the skies for the week of June 5 - June 11, as compiled for The Loafer by Mark D. Marquette.

The Moon is in the domain of the after-midnight stars, becoming a beautiful crescent before sunrise. Lots first-shift workers are familiar with the 5 am darkness becoming a beautiful morning twilight. These Spring mornings have three planets strung across the high southern skies disappearing into the daylight: Mars to the left in Capricorn, Saturn at the top of Sagittarius’ “tea pot,” and brightest Jupiter to the west (right facing south).

Tuesday, June 5
Two Space Shuttles were launched on this date: STS-40 Columbia in 1991 with Spacelab 1 in the cargo bay and a 4-man, 3-woman crew; and STS-111 Endeavour in 2002 with crew of four bringing three Expedition 5 astronauts to the International Space Station and bring back three different astronauts who had been on the ISS for 6 months.

Wednesday, June 6
Happy 86th birthday to Apollo 15 commander and moonwalker David Scott. He landed with deceased James Irwin near an ancient collapsed lava tube in July 1971. Of the original 12 Apollo moonwalkers, Scott is one of four who survive. The others: Apollo 11 Buzz Aldrin, Apollo 16 Charlie Duke and Apollo 17 Harrison “Jack” Schmitt.

Thursday, June 7
Jupiter is high in the southeast when darkness sets in the evening, brighter than any star and visible until dawn. The golden planet is in the constellation Libra the Scales, and it is balanced between bright white star Spica to the right (west) in Virgo the Virgin, and to Jupiter’s left (east) the red star Antares, the heart of Scorpius.

Friday, June 8
On this 2007 date in space history, Space shuttle Atlantis was launched on the 117th flight of the program, another 14-day construction mission on the International Space Station. They brought up an important backbone truss for attaching solar panels, and other hard hat jobs kept the crew of six busy with the other three occupants of the ISS. To see the ISS, pass overhead, check out times on websites like NASA or there are several “apps” for your Smartphone.

Saturday, June 9
Late Spring nights mean saying goodbye to Leo the Lion as its familiar pattern dips to the western horizon and is gone by midnight. The three-star triangle of the lion’s rear-end is easy to see as the backward question mark of the lion’s head plunges to the horizon.

Sunday, June 10
Looking around the sky we have the Big Dipper asterism in the north, its two outside bowl stars pointing to the North Pole, Polaris, and the stars of its handle arcing to the bright, orange star Arcturus.

Monday, June 11
The late Spring nights are made for just lazing outside, watching the stars come out hearing the night come alive can absorb your senses and take you to a happy place. Get some for yourself the next starry night.
Entries Now Being Accepted for Annual Jonesborough Days Parade
Jonesborough Parks and Recreation Department is currently accepting entries for the Annual Jonesborough Days Parade to be held Saturday, June 30th at 10 a.m. The parade is part of the Jonesborough Days Festival held each year, and celebrates the community and its heritage. It is requested that entries be designed and decorated to focus on patriotism to tie in with the Fourth of July holiday and Jonesborough Days Festival. Also encouraged, is live music being played from floats during the parade. Entry fees are $50 for commercial and political entries and $25 for non-commercial entries. A mandatory safety meeting will take place on Tuesday, June 26 at the Jonesborough Visitors Center at 6 p.m. to review rules and line-ups of the parade. A refund of $10 will be given for attendance to the meeting. For a parade application and additional information, visit www.jonesboroughtn.org. Call Rachel Conger at 791-3869 with questions.

Composition, Design and Lighting Class
Begins June 9 gain confidence and add impact to your artwork with this class in the foundational principles of art and design. This class will examine compositional strategies used in illustration, landscape painting, figure painting and abstract artwork. Students will keep a sketchbook with thumbnail examples of each strategy and will study how they can be seen in existing works of art. This class is for all media: oil, acrylic, pastel, watercolor pencil, pen and ink, charcoal or any other preferred medium. Sponsored by the Kingsport Art Guild. Class will be held at The Renaissance Center, room 313, Kingsport TN. Saturdays June 9 - 30 from 10am-1pm. For more information contact Alison Parker at aparkerart@gmail.com

Family Lego Day at the Johnson City Public Library
Families are invited to the Johnson City Public Library Jones Meeting Room on Saturday, June 9 from 10:30 a.m. to 12:00 p.m. to build Lego creations together. Creations will be put on display in the library until the next Lego Day event. No registration is required for this free program. This program is part of the “Libraries Rock!” Summer Reading Program which will continue through July 20th. Children are encouraged to register at the library or online to participate in the Summer Reading Program.

Cryptogram: The end is never as satisfying as the journey. To have achieved everything but to have done so without integrity and excitement is to have achieved nothing.

DropQuote: "What came from the earth returns back to the earth, and the spirit that was sent from heaven, again carried back, is received into the temple of heaven."
The Joys & Benefits of PROCRASTINATION

Although there are very few ways I can identify with Bill Gates, I do like the fact that he periodically recommends books we should be reading. Unlike those Oprah-like book lists, the ones offered by Gates are generally nonfiction titles designed to stimulate our minds and widen our horizons. So, this week I will be offering a book for your consideration, if you ever get around to reading it, that is. You see, this book is about the undervalued art of procrastination. Of course, since I have never procrastinated when it comes to writing this column, I find it hard to relate to this topic. But I will try my best to see what this is all about.

Andrew Santella has written a delightful and very insightful book, SOON: AN OVERDUE HISTORY OF PROCRASTINATION, FROM LEONARDO AND DARWIN TO YOU AND ME (Dey St., 2018). At times serious, and at times humorous, Santella’s book covers a lot of ground and should provoke many discussion about procrastination for a long time. I do hope you will eventually get around to reading it. Although I bought the book in March, it occupied a space in the back seat of my car until a couple of weeks ago. I am glad I didn’t procrastinate longer before finishing it.

I find it heartening that Santella includes such cultural icons as Charles Darwin, Leonardo Da Vinci, Frederick Taylor, Frank Lloyd Wright, and Georg Christoph Lichtenberg among those who were known for their procrastination. Wait a minute—who in the heck is this Lichtenberg fellow? I had never heard of him either until I read this book, and I am very glad I now know who he is. Turns out he was one of the outstanding intellectual lights of Enlightenment Europe, responsible for many discoveries and a nifty little volume of his private aphorisms, “The Waste Books.” In addition to his many accomplishments, he was also a champion procrastinator. His aphorisms were never meant to be published, but I am glad they were. Here we have little gems like “He had outgrown his library as one outgrows a waistcoat. Libraries can in general be too narrow or too wide for the soul.” “The monks at Lodeve, in Gascony, sanctified a mouse who had eaten a consecrated wafer,” “It is necessary for a writer to go out into the world, not so much to observe many situations as to get into many situations himself,” and “The book which most deserved to be banned would be a catalog of banned books.” And there are hundreds more where these came from. If nothing else, I am indebted to Santella for recommending “The Waste Books,” which is now a treasured addition to my much-too-large library.

We should acknowledge that procrastination can be an undesirable activity, but we should also be open to considering the positive attributes of putting things off. A good example is one of the book’s best chapters, “A Brief History Of The To-Do List,” that makes the perfectly logical argument that by never completing our list, we add more time to our lives. There is something so final about completing a to-list, as if by completing it we put a period to our lives. So, the longer we put some of the items off we more time we have to do other things. As Santella says, “As long as I have things to do before me, preferably an infinitely unrealizable series of things, there is no limit to how long I can continue to put them off. What could be more discouraging than crossing off the last item on the last to-do list? I want the lists to go on forever—and me, too, if possible?” An interesting idea to contemplate, don’t you think?

Another particularly thought-provoking section of Santella’s book is about two icons from our childhoods—Wile E. Coyote and Road Runner. Think about this—“there was,” as Santella recalls, “something heartbreaking about the idea of a pursuit that never quite ends, a dream never quite realized, an undertaking that can never be completed. . . . I guess this is what makes Wile E. Coyote a romantic hero, in addition to a complete idiot.” These two arch-rivals personify the paradoxes of procrastination. By continually pursuing our goal while always failing to achieve it, we realize the perils and pleasures of procrastination.

And consider this—that procrastination is also a form of time travel, and “an attempt to manipulate time by transferring activities from the concrete present to an abstract future.” We have so little control over time, and procrastination gives us at least the illusion of controlling it. We are, after all, free to put certain things off until the future. This might be the only real control we have over time. I know this sounds pretty deep, but that is one of the joys of Santella’s book—the way it weaves in and out from the serious to the frivolous. In his hands, procrastination becomes both an activity to be avoided and a benefit to be pursued.

We should close this consideration of procrastination by consulting Johnny Cash’s very practical to-do list. His ten-point list includes such goals as “Not Smoke,” “Kiss June,” “Not Kiss anyone else,” “Cough,” “Pee,” “Eat,” “Not eat too much,” “Worry,” “Go See Mama,” and “Practice Piano.” It would be difficult to find a better list, and one that defies procrastination. As Santella states, “Worry can never really be crossed off a list of things to do. It is a meta-ambition, an ambition entirely about itself and therefore one that can never be realized, because even having had it on one’s list is cause for worry. It’s dizzying, if you think about it long enough.” So, does this mean we should add “Worry” to all our to-do lists? Maybe so.

As I advised earlier, please don’t put off reading Santella’s book. It is a gem, and a very brief one at that—just a little under two hundred pages. Why would you want to procrastinate over something like that? See you next week—I have already put next week’s column on my To-Do list.

Kelly’s Place
By Jim Kelly
since 1989
jkelly@theloaferonline.com
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DROP QUOTE

CRYPTOGRAM

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YQ CJ PXBA XLPYABAZ PJCPYFR.

— Unattributed
**PETS OF THE WEEK**

This week we have Katie and her cute kitties! They will be spayed or neutered and up to date on all vaccines.

There are so many cats available. One shelter had to euthanize 30 because of overcrowding. Please consider a new furrbaby for your family!

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The Bridge Home has an ongoing aluminum can collection in front of the shelter at 2061 Hwy 75 in Blountville, TN 37617 and a second aluminum can collection site at Airworks Heating and Cooling, 5633 Memorial Blvd Kingsport. The cans are collected by a volunteer and the money from the aluminum goes towards badly needed food and supplies for the animals.

The Bridge Home No Kill Animal Rescue has started a pet food pantry for people that have had financial hardships because of job loss or medical problems and are struggling to feed their pet. They can come by the shelter and get cat or dog food to get through the tough time.

Donations can be sent to The Bridge Home Shelter PO Box 654 Blountville, TN 37617. Every animal in their care is spayed or neutered and fully vaccinated before being adopted. Being a non-profit the shelter is funded entirely by membership dues and private donations. They always need volunteers or monetary donations.

Other always needed items: pet food, cat litter & cat toys dog treats & dog toys, paper towels, cleaners, office supplies, Purina weight circles. Phone: 423-239-5237 Hours are Mon-Fri 12pm-6pm Sat 12pm-3pm and Sun 2pm-4pm. Website is www.bridgehomerescue@gmail.com or like them on Facebook: www.Facebook.com/bridgehome

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**CONCERT SCHEDULE**

**BRISTOL TN/VA**

**PARAMOUNT**

- June 9 - Rodney Crowell & Jedd Hughes
- June 16 - Todd Snider
- Aug. 4 - Jeanne Robertson
- Sept. 7 - John Anderson w/ Eivie Shayne
- Oct. 4 - Terry Clark, Pam Tillis & Suzy Bogguss
- Oct. 5 - Black Jacket Symphony

**FREEDOM HALL**

- June 2 - "1964" The Tribute

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**KINGSPORT**

**FUNFEST**

- July 19 - Casting Crowns & Passion
- July 20 - Pat Benetar & Neil Giraldo
- July 21 - The Avett Brothers

**NORTH CAROLINA**

**HARRAH'S - Cherokee**

- June 30 - Jeff Foxworthy

**U.S. CELLULAR CENTER - Asheville**

- May 20 - Chicago

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**NO DAIRY CENTER STAGE at the Binghamton Arena**

- June 1 - Henry Cho
- June 23 - An Evening with Dennis Miller
- July 15 - Indigo Girls
- Oct. 6 - Edwin McCain

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**NASHVILLE, TN**

**BRIDGESTONE ARENA**

- June 12 - Harry Styles
- June 20 Paul Simon
- July 7 - Sam Smith
- July 21 - Shania Twain

**RYMAN AUDITORIUM**

- June 14 - Stephen Stills & Judy Collins
- June 18 - Third Day
- July 2 - The Pretenders
- July 10 - Donnie and Marie
- Aug. 17 - Toto

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**KNOXVILLE CIVIC AUDITORIUM**

- Sept. 7 - Three Dog Night

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**SOUTH CAROLINA**

**BON SECOURS WELLNESS ARENA**

- Greenville
- Aug. 4 - Sugarland

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**CALL WQUT @ 477-1015 FOR MORE CONCERT INFORMATION**
BIKE NIGHTS
Wednesdays  Bear’s Bar
Wednesdays  Holston River Brewing Co.
Thursdays  Quaker Steak & Lube
Fridays  Tulips American Grub and Pub

RUNS & RIDES
July 14:  Apple Tyree 3rd Annual Poker Chip Memorial Ride; benefits Special Olympics; Smith Bros. Harley Davidson; 423-946-5423 or 423-283-0422

CAR SHOWS
Tuesdays  Holston River Brewing Company - Bristol, TN
Fridays  Krystal’s Johnson City
Saturdays  Carter County Car Club Downtown Elizabethton
June 16:  FLBC Car and Bike Show; all cars and motorcycles welcome; 423-794-8142 or 423-282-0655
July 28:  6th Annual Open Car Show by American Patriots Pastime; Anything with Wheels; Tri Cities Cinemas at exit 66 off I-81; 423-323-3981

REBOOT YOUR LIFE
Looking to reboot your life? Learn more about the Tennessee Reconnect Scholarship when Northeast State hosts an information session on Saturday, June 9th from 10:00 a.m., until noon at the College’s Blountville campus.

The Northeast State office of Enrollment Services hosts this free informative session for adults as well as younger students seeking a college degree or certificate. Tennessee Reconnect is a last-dollar scholarship created for adults to earn an associate degree or technical certificate, tuition-free.

Northeast State representatives from the offices of Admissions and Enrollment Services will be on hand to answer questions. Attendees can also learn more about the College’s Career Services and Veterans’ Affairs offices and other services available through Tennessee Reconnect.

For more information about this event, contact 423.323.0229 or email ttreconnect@northeaststate.edu.
FROM AFRICA TO APPALACHIA GOSPEL FEST 2018

The From Africa to Appalachia Foundation is presenting Gospel Fest 2018 on Saturday, June 9, at 4 PM in Martin Luther King Park at 350 W. 9th North St. in Morristown. This special free community event will feature a variety of choirs and soloists from Morristown and surrounding communities. Craft vendors, information booths, antique cars, free refreshments, and door prizes will all be part of this fun and inspirational concert. Morristown’s Parks and Recreation Department is a supporting partner for the event. Other sponsors include ORNL Federal Credit Union, Dockery Funeral Home, Golden Corral, Revs Trophies & Screen Printing, and WMTN’s The Gospel Hour.

The list of soloists, choirs and groups who will be on hand for this year’s Gospel Fest shows a great variety of styles and backgrounds. Performers returning for Gospel Fest IV are: the talented and inspiring Yolanda Treece, and Tammy Vega. New to the Gospel Fest this year are, from Morristown: Rock of Ages Baptist Church Choir, Brother & Sister from Bethel Baptist Church, Stew & New Nation, and The Fluker Sisters – Briana & Kelley; Macedonia Baptist Church Choir will be joining us from Newport; Faith from Greeneville; Von Whitman from Talbott, and Soul Lifters of Harriman. Reverend Bo Simpson of Thorn Hill will serve as the emcee for this free event.

From Africa to Appalachia (FATA) is a community-based organization dedicated to sharing the cultural, creative, and artistic spirit of African-Americans for whom Appalachia is home with the people of Upper East Tennessee.

For more information contact FATA secretary Patty Gracey at 423-327-2747.

Original, History Based Play to Benefit Heritage Alliance and McKinney Center

The Heritage Alliance and The McKinney Center at Booker T. Washington School are joining together to produce the original, history based play, With These Hands. This full length “dramadey” will be a joint fundraiser for the Heritage Alliance and the McKinney Center. For the low cost of $20.00 per ticket, you will be supporting the educational programs of both organizations.

Written by Anne G’Fellers-Mason and directed by Jules Corriere, With These Hands highlights significant moments in the history of Jonesborough and Washington County. It also features some of Jonesborough’s best known residents, including town historians Paul Fink and Miriam Fink-Dulaney. These are the stories of real people and real families through history. Can two families keep their friendship intact even though they find themselves on opposing sides of the Civil War? What is historic spit and what does it have to do with the Washington County Courthouse? Can a former, Southern Belle accept help from a Freedman? Hear these stories and more as the past, including archival photos from the Heritage Alliance archives, comes to life at the McKinney Center.

Performances for With These Hands will take place at 7:30 p.m. on August 3 and 4. There will be a 2 p.m. matinee performance on August 4th. Tickets are $20.00 and proceeds benefit both the Heritage Alliance and the McKinney Center. Tickets may be purchased in advance and at the door of the show, depending upon availability. To purchase tickets, please call the Jonesborough Visitor’s Center at 423.753.1010. Tickets can also be purchased online at jonesborough.com/tickets.

The Heritage Alliance of Northeast Tennessee and Southwest Virginia is dedicated to the preservation of the architectural, historical, and cultural heritage of our region and to providing educational experiences related to history and heritage for a wide range of audiences. The McKinney Center at Booker T. Washington School is dedicated to building community and enriching relationships through excellent arts education, cultural interpretation, and historic preservation.

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- Are willing to stop use of estrogen-containing products

Additional criteria apply. Please visit our website or speak with a study coordinator to learn more. This study will last approximately 13 weeks and will involve approximately 13 clinic visits. Qualified volunteers will receive study-related care and study medication at no cost. Financial compensation may be provided for time and travel expenses. Insurance is not needed to participate. Ask your doctor or call to speak with a study coordinator to see if participating in a research study is right for you.

423.989.3105  HotFlashTrial.com
LOCAL CONCERTS

June 8 • 7:30PM
Jimmy “Duck” Holmes, Phil Wiggins & Blues House Party
Heartwood, Abingdon

June 8 • 7PM
Kevin Prater Band,
Sons of Liberty
Lays Hardware, Coeburn

June 10 • 5PM
Alan Bibey & Grasstowne,
The Yates Family
A. R. Matthews Park, St. Paul

June 11 • 7PM & 9PM
Terry Baucom’s Dukes of Drive
Birthplace of Country Music Museum, Bristol

June 13 • 7PM
Wry Straw (John McCutcheon, Rich Kirby, and Tom Bledsoe)
Emory & Henry College, Emory

June 14 • 7PM
Galax Old Fiddler’s Convention
“Best All-Around Performers” Concert
Country Cabin II, Norton
SPONSORED BY: GALAX MOOSE LODGE #733

June 15 • 7PM
Bluegrass Night at the Tunnel - Lonesome River Band, NewTone
Natural Tunnel State Park, Duffield

June 15 • 7PM
Bill and the Belles, The Earl White Stringband
The Rock School, Damascus

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