WE ARE BACK
Rent the bikes near Hiltons, Va at 9455 Bristol Highway on the Crooked Road. Parking will be at Creek Island on the River. Bottled water is available. Comfortable clothing is recommended as well as good shoes for riding. If you want to wade in the river, water shoes or sandals are required.

**Cruise the River**

2-hour experience where you ride one of our wood-frame bicycles along the North Fork of the Holston River and hangout at Creek Island along the River. You can also wade in the river at our access point at Creek Island. Creek Island is a hub where you can ride to the Gardner Century Farm, Homeplace of writer Ann Goode, Carter Fold (home place of the Carter Family), Lundsford Mill, Mount Vernon Church, all scenic rides along the river or through the adjacent hills. Available at 11am, 1pm, and 3pm on September 21-23, 2018. Group of 6 or more, can have a special tour time. Costs is $15 per person; $5 for children.

**Guided Ride + Tour of Gardner Farm**

1.5-hour guided tour experience where you ride one of our wood-frame bicycles along the North Fork of the Holston River, stop at the Gardner Century Farm and ride to the Carter Fold if you are ambitious. You will learn about life on the river from the turn of the century through the Great Depression. Available at 11am, 1pm, and 3pm on September 21-23, 2018. Group of 6 or more, can have a special tour time. Costs is $10 per person; $5 for children.

**Hangout on the River**

A day long experience where you ride one of our wood-frame bicycles along the North Fork of the Holston River and hangout at Creek Island along the River. You can also wade in the river at our access point at Creek Island. Creek Island is a hub where you can ride to the Gardner Century Farm, Homeplace of writer Ann Goode, Carter Fold (home place of the Carter Family), Lundsford Mill, Mount Vernon Church, all scenic rides along the river or through the adjacent hills. You can ride to Hiltons for lunch at Rally Mart. Available starting at 8am and ending at dusk on September 21-23, 2018. Group of 6 or more, can have a special tour time. Costs is $20 per person; $5 for children.

**We offer 3 experiences for our guests**

- Cruise the River
- Guided Ride + Tour of Gardner Farm
- Hangout on the River

Call for reservations at 225-333-2386 or email at craig@brunobikebuilders.com. Visit us online at brunobikebuilders.com.
Right now you’re probably asking yourself “What the heck is Market Innovations?” Well, we are the Tri-Cities’ premiere full service marketing and advertising agency. Based in downtown Johnson City, we offer a variety of options to improve your business and expand your local presence. From branding to strategy, social media management to web design; Market Innovations is here to supply the tools you need to spark new growth in your local business. We can create magnificent websites as well as help you create or manage social media sites. We all know how busy life can be when you own a business so let us take the away stress from trying to promote your business!

Market Innovations is a family owned business. We have a very close knit staff and treat all of our clients like they’re family. Anytime you walk into our office you will be greeted with a smiling face. Helping our community and other small businesses grow is something we hold dearly to our hearts. We host two annual events to help our community including Adopt A Veteran and Yappy Happy Hour.

Starting out, we published two local magazines centered on connecting local businesses with residents and visitors alike; Tri-Cities Best Home Magazine and Tri-Cities Eats Magazine.

Today, we’ve acquired The Loafer! Through these publications, we explore and explain some of the rich talent and experience our area has to offer.

Whether you are a contractor, shop, restaurant, or any other business owner, contact us today to learn how we can help you innovate your market.
NOTE FROM THE PUBLISHER

WOW!!! The Loafer is back!! I am so proud and honored to be able to put the Loafer back out on stands! Here at Market Innovations, we take pride in all of our publications and to be able to add this to our family has been wonderful.

We will be keeping The Loafer the same publication that the community loves so much. However, you will see some changes to make it even better than it was. We are very excited to announce The Loafer will be LIVE - yes LIVE!! We will stroll through our community checking out the local music scene, interviewing local artists and watching some of the amazing talent we have here in East TN.

So each week make sure to pick up The Loafer or check us out online!! Don’t forget that here at Market Innovations we also publish Tri-Cities Best Home Magazine and Tri-Cities Eats!! Be sure to pick up those amazing magazines as well.

Thank you, Tri-Cities, for giving me the opportunity to put The Loafer back in our community!!

Kimberly Dugger
Publisher
MEET THE STAFF

KIMBERLY DUGGER
PUBLISHER
"Behind every successful woman is a tribe of other successful women who have her back."

KATLIN BUCHANAN
OFFICE ASSISTANT
"She is Clothed in Strength and Dignity and She Laughs Without Fear of The Future" Proverbs 31:25

JACLYN LAW
OFFICE MANAGER
"Laughter is timeless, Imagination has no age, and dreams are forever" -Walt Disney

LORI HOWELL
ACCOUNT EXECUTIVE

HALEY HOPKINS
DISTRIBUTION, TRI-CITIES BEST HOME MAGAZINE & TRI-CITIES EATS

MARIA LOVELADY
INSIDE SALES
“Creativity is intelligence having fun” Albert Einstein

THOMAS MURPHY
DIRECTOR OF SALES
"Never give up!! Failure and rejection are only the first step to succeeding!"
Play Free On your Birthday!
Sales open @ 4:30
Games start @ 6:30

Smoke Free

St. Anne’s Church and School invites you to come play

Monday Night School Bingo
Tuesday & Saturday Night Church Bingo

430 Oakview Avenue, Bristol, Msgr. Hickie Ctr. • Corner of Chester Street
As an East Tennessee native, I take great pride in developing properties that reflect the positive growth and prosperity of the region. Whether transforming a former ad agency into a vibrant church, modernizing a 1950s bungalow, or updating the charm of a 100-year old cottage—My team gets the job done with style and expertise. For a full description of properties on the market and coming to market soon, reach out today. You’re likely to learn of a place that’s just right for your business or family to call home.

I am excited to announce a wonderful office condo property on Lake Park Drive. This is at Exit 17 Boones Creek and Jonesboro exit. This Property is convenient to Bristol Highway, Jonesboro, and Downtown Johnson City. One minute to I26. The office condo is 2697 square feet with 4 large offices and large conference room. Kitchenette area with bathrooms, water fountain 1 bath with shower. Additional open space available as is for cubicles or more office area.
The Second Annual Appalachian Renaissance Faire will be held on September 8th and 9th 2018. It will be held at East Tennessee Distillery in Piney Flats, TN. Gates will open at 10am and close at 6pm. Don't miss out on all the excitement and fun - jousting, sword fighting, archery, belly dancing, food & drinks, vendors-vendors-and more vendors, Granny Wampus, Frostylocks & Splinter, The Fairy Glen, Warriors Way, Pirate Pub & Pirate Wharf and more. In addition, Fire Circus will be performing their full-feature show including several different fire acts on both days.

For a weekend of fun come out to the Appalachian Renaissance Faire located at 220 Piney Flats Road in Piney Flats, TN. There's something there for just about everybody and the faire features almost constant live entertainment.

**Ticket Prices**
Adults: $15/day or $25/weekend
Seniors & Vets: $12/day
Children 6 through 12: $10/day
Children 5 and under: Free
Two-day weekend passes are $25.00 and available for purchase online, all other tickets will be sold at the door.
Fringe Furnishings and Décor is not your traditional furniture store, it’s furniture boutique, where you can find that little something extra. Anne Middleton-Estep, the owner originally started her first interior design business in Knoxville, TN 25 years ago. Though she added many other careers to her portfolio, her love of design was always integrated into some part of her life. Fringe was established in December of 2015, however it was relocated to its current location in December of 2017. Fringe is a furniture boutique that gives individual attention to each customer from start to finish offering Interior Design from the smallest project to large commercial.

At Fringe you will find that they offer a very eclectic mix of taste in one of a kind furniture and accessories of all types. New furniture is brought in every couple of weeks including name brand pieces. They feature a fabulous line of custom upholstery called “Norwalk” which is handcrafted in Norwalk, Ohio with in store design services that provide the option to choose from 800 different fabrics and 100 leathers. They also offer outside design services. On their Norwalk line they have a thirty five day turn around. Yes we said “35” days not 8-12 weeks, as a matter of fact most of their bedroom groups are delivered no more than a week after ordered.

Anne also offers extensive knowledge of interiors based on her experience from her previous business, as well as, her freelance design work. In 2000, Anne attended training in Houston, Texas for Real Estate Staging and One Day room makeovers. With over twenty years of real estate staging, customers of fringe know they are in very capable hands.

At Fringe their goal is to assist every customer in making their purchase a tasteful reflection of their personality. The staff works as a welcoming team to ensure their customers feel comfortable and valued within a family-based environment. They tailor their options toward their customers’ unique lifestyle, budget, and design needs.

Fringe is proud to welcome Brandon Beene, a very talented and seasoned interior designer relocating from Dallas, TX who will be freelancing out of Fringe. We are excited to have such amazing talent. Stop by and visit Anne and Christy at Fringe today at 155 E Mountcastle Dr. in Johnson City, Tennessee and discover how they can uniquely and efficiently furnish the spaces in your life.

**Hours**
Mon - Closed
(or by appointment)
Tue- Fri -10:30-6:30
Sat - 10:30-3:30
Sunday - Closed

by Kaitlin Buchanan
How did Big Stone Celtic get its name? Well, the seven Celtic nations—Scotland, Ireland, Wales, Cornwall, Isle of Man, Brittany and Galicia—are renowned for their stone circles and individual standing stones, so a Celtic Festival in Big Stone Gap could only be called one thing.

Since its inception eleven years ago, Big Stone Celtic has emerged as one of just a handful of pan-Celtic festivals in America, and in this region. Combining music, food, costume and stories to celebrate the strong connections between Appalachia and its European roots, the format is modeled on long-established (as in 650 years) village festivals in Scotland, Ireland and Brittany. Although all the venues are located within easy walking distance of each other in downtown Big Stone Gap, the event truly represents a global village.

This year features the tri-cities own premier Celtic band Sigean and the acclaimed Raven &Red.

Sigean are once again our house band. Recognized by enthusiasts as THE best exponents of Irish music in the area, they have been firm favorites at Big Stone Celtic from the beginning, and will play at the Friday evening concert along with Raven & Red as well as on the Saturday program.

Also returning are the Appalachian Highlanders Pipes and Drum band under the direction of Randy Stanley. A crowd favorite, they will lead the parade of participants—which will also include the highland games performers featured at Bullitt Park. Also at the park will be the kid’s activities and the ever popular sheepdogs.

Regular features include afternoon tea with music at the Fox House Museum, plus music at the farmers’ market, Miners Park and The SW Virginia Museum. The Celtic Kitchen offers tastes of the seven nations, and there are workshops and presentations at Tales of the Lonesome Pine Bookstore.

For children, the library is hosting music and craft events, and there will be a range of kids’ activities at Bullitt Park.

Saturday’s activities will start at 9 am with a 26 mile bike race honoring the late Bill Collie. This reflects the inclusion of bike races in many European Celtic festivals and is a legacy of the early village festival model that included horse races. Once again, this year there will be a free evening concert on Friday at the Goodloe Center of Mountain Empire Community College starting at 7 pm, courtesy of ProArt, and featuring Sigean and Raven & Red, introduced and MCd by Jack Beck (host of Celtic Clanjamphry on WETS fm and WEHC fm).

From its inception Big Stone Celtic has been generously supported by local individuals and businesses as well as Wise County and Big Stone Gap Town Council. As a result, most venues are free, and those that are not are supporting next year’s festival. The organizers appreciate the ways in which the town and its citizens have embraced this heritage celebration, and look forward to seeing everyone on the day.

Full details and times can be found at www.bigstoneceltic.com and on Facebook.
The Umoja/Unity Day Festival will be held on September 7th and 8th in downtown Johnson City, and the parade will be held on the 8th at 10am. The Festival originally began in 1978 as an annual picnic and in 1977 the original founders decided to switch things up and revive the event in a whole new format all the while maintaining their original purpose which was to bridge and unify diverse cultures through education and artistic presentations of art, culture and heritage to improve and promote the region.

Umoja (U-moja) (Oomoja), is Swahili for “Unity” which is to be in harmony and on one accord, to combine and include all. The festival attracts over 30,000 people and showcases great food, merchandise vendors, information booths, wonderful music, medical screening, and fun games for people of all ages. There is also a children’s area and entertainment provided for the younger crowd.

No entry fee is required, but donations are always welcomed. For more information please visit their website http://umojajc.org/ or call 423-426-2851.

By Katlin Buchanan

**SCHEDULE OF EVENTS**

**Entertainment**

**Friday, September 7, 2018**

- Opening Ceremony ........................................ 6:00 p.m.
- (Calling of the Drums with Rev. Vincent Dial)
- Zulu Connection/Shaka ................................. 6:15 p.m.
- DJ Breeze (Main Stage) ............................... 6:30 p.m.
- Top Celebrity Reggae Band ......................... 7:00 p.m.
- Umoja Band ............................................. 8:30 p.m.
- DJ Sterl the Pearl .................................. 10:30 p.m.

**Saturday, September 8, 2018**

- Parade (leaving from Carver Recreation ...10:00 a.m.
- Gospel Fest ........................................... 12:00 - 2:00 p.m.
- ETSU Tale Tellers ... Children’s Area ........... 12:30 - 1:15 p.m.
- ... Gazebo Area ............................... 7:30 - 9:00 p.m.
- DJ Sterl the Pearl .................................. 2:00 - 2:45 p.m.
- Hair Show ............................................. 6:15 - 7:00 p.m.
- Xavier Lewis ......................................... 7:00 - 8:45 p.m.
- We Are One Tribute Band (X-Perience Band) 9:00 p.m.

**Youth Stage**

**Friday, September 7, 2018**

- DJ ................................................. 6:30 - 9:00 p.m.

**Saturday, September 8, 2018**

- DJ ................................................. 2:00 - 9:00 p.m.

**Other Events**

- Wrestling .......... Friday & Saturday ...... 6:00 p.m.
- Liberian Dance Group ............................ T.B.D.
- Children’s Carnival ........... Saturday .... 11:30 a.m. - 10:00 p.m.
- 3 on 3 Basketball Tournament ... Saturday .. T.B.D.

All times subject to change. All donations will be accepted.
BrightRidge is a not-for-profit, public power provider that has proudly served our community since 1945. Public power means that each customer is an owner; therefore, our customers benefit from affordable energy, better service, and a utility that cares about the overall well-being and growth of our community.

**Benefits of Public Power:**
- Lower electricity rates
- Greater reliability
- Local employment
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- Quick response from local crews
- Economic development – not-for-profit electricity attracts and keeps businesses
- Not-for-profit status – lower costs and no split allegiance between customers and stockholders
- Recognized commitment to safety, conservation, and the environment
- Primary mission of providing least-cost, reliable service over maximizing profit

With a reliability rate of 99.99%, BrightRidge currently serves over 78,600 metered electric customers in all of Washington County, as well as parts of Carter, Greene, and Sullivan Counties. BrightRidge also offers numerous commercial and residential programs, in order to provide the best possible service and customer support.

Learn more at [www.brightridge.com](http://www.brightridge.com)!
We are so excited to introduce our very first veteran of the week, Jamie Taylor!

Born and raised here in Johnson City, Jamie made the heroic decision to join the United States Marine Corps at the young age of only 17. After 5 years of dedicated service to our country, he is now back home in the Tri-Cities, doing what he loves pursuing the American dream. You might see Jamie revving it up on two wheels around town, or you can stop in at Smith Brothers Harley Davidson on the Bristol Highway and say hello!

By: Jaclyn Law

Branch: U.S. Marines
Age Joined: 17
Rank: Corporal/E-4
Years Served: 5

What made you want to serve our country? My grandfather was a Marine as well and I truly wanted to do something different than everyone else.

What advice would you give someone looking to go into the military? Prepare you mind, body and soul for some of the most difficult, fun and truly unique challenges of your life.

What is your favorite quote? I have two: From my old company first sergeant, “you pay the price for the life you choose” And “don’t do anything I wouldn’t do, but if you do, don’t name it after me!”

Did you make any close friendships while in the service? Did you continue any of those relationships? Oh yes, Plenty! I’m still in almost daily contact with some of them! I consider them brothers and I can’t go without talking to them or taking the ride down to Georgia or North Carolina to see them!

What was the best and worst ‘military’ food you were served, and why? Worst? Definitely the veggie omelet MRE. Best? Probably the lumpia from the Philippines. SO GOOD.

Tell us a funny story you experienced that could only happen in the military. Watching a 19 year old kid get dragged across a range by our SgtMaj for driving so fast the the guys in the back of the truck were flying around and slamming into each other. Too funny!

Do you recall your first days in service? Most of it was a blur, but I definitely remember some of the most difficult days and some of the most funny things you can imagine.

What was the day your service ended? Where were you? I was on Camp Lejeune with my truck packed up. I signed my DD-214, hugged my boys and stopped at the gate to mess with the MP’s one last time.

What did you do in the days and weeks afterward? Searched for a job, caught up on things I missed and tried to decompress and let it sink in that I was out and on my own for good.

Where did you travel while in the service? All over the Pacific and Eastern Europe. I was stationed in Okinawa, Japan for two years and Romania for a year.

Why did you pick the service branch you joined? My grandfather was a Marine, but mostly because I wanted to carry on the legacy of every Marine before me.

Was there something special you did for “good luck”? Nothing particular, but I had a ritual of listening to the same two songs as we left the wire. In order, it was Say It Ain’t So by Weezer and Gold On The Ceiling by The Black Keys.

Did you work or go back to school? I went to work. Did a few different things until I found my calling. I work in the Service Department at Smith Brothers Harley-Davidson. It’s not even a job to me. I love what I do and I get paid to do it!

Is there anything you would like to add? I want to thank y’all for nominating me. It’s truly a blessing. And if you or any of your readers want to ride or want to learn, come see me at Smith Brothers!

Jamie Taylor, shown here holding a drawing from his little brother, joined the U.S. Marines at age 17.
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WOOD FIRED PIZZA & GRILL

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WEDNESDAYS
H.B. BEVERLY
THURSDAYS
MARK LARKINS

20 BEERS ON TAP
16 WINES ON TAP

NOW STREAMING!

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[Click LEARN MORE]
After almost two years of renovations to their building, Stephen and Jessica Callahan opened Tennessee Hills Distillery in May of 2016. Stephen grew up in the alcohol business and was fortunate to find his passion early in life. He was only 26 years old when he opened the distillery. Prior to opening the Distillery Stephen and Jessica worked in research and development at Eastman Chemical in Kingsport, while having degrees in science. The art of making spirits came natural to Stephen. In 2014, while eating at a country restaurant, Stephen and Jessica overheard that the "Salt House" was going to be available. The next day Stephen called the mayor, Kelly Wolfe, and pitched his idea for a new business in Jonesborough. Fortunately, the idea was well received and after almost a year of red tape they were able to start producing right in the middle of downtown Jonesborough.

Tennessee Hills Distillery is not your average distillery; they really pride themselves on steering away from the "moonshine gimmick" because they want to demonstrate the art and craftsmanship that goes into making quality spirits. They don’t feel the need to wear straw hats and overalls to sell their products; therefore, they like to think "the proof is in the pudding". Their theory is that if they produce a good spirit, people will drink it, and so far, they’ve been right. They started production in 2016 with an emphasis on rum. Rum is simple to make and flavored rums could successfully compete with moonshine companies and the thing that they can do that moonshine companies can't is age their rum to create a more elegant, unique, and authentic product. They’ve done an outstanding job converting whiskey drinkers to rum drinkers. Unlike most businesses that start out by releasing a 4-8-year-old bourbon, Tennessee Hills Distillery started producing an un-aged corn whiskey that is produced using local corn, barley, and rye.

Opening a Distillery in the oldest town in Tennessee was not an easy task, Stephen recalls churches calling his parents and telling them that he was "bringing the devil to town." They also had to go through 4 months of rezoning meetings for alcohol production and had to wait another 9 months for the federal government to issue a permit to start producing. Their entire life savings was depleted before even producing a drop of alcohol. Tennessee Hills Distillery is now well into their second year of operation and are very humbled by the support they have received by their local community. They believe that the people of Jonesborough, Washington County and surrounding East Tennessee that supported them are just as much a part of their business as they are.

Within just one year of being in business they ranked number one on Trip Advisor, above the International Storytelling Center. Their business has become the biggest attraction and tourist destination in the Tri-Cities. They were also voted Reader’s Choice in the Johnson City Press for the best distillery in East Tennessee. Not only that, but they tied with Ole Smoky in a poll taken by Blue Ridge Magazine in their best of the mountains edition, as well as, winning 3rd place in a nation-wide spirit competition called the “Washington Cup.” They have consistently had 5-star rating across the board because they strive for excellent customer service with their belief being above average-excellence. Another core belief of theirs is that “Rising Tides Floats All Ships!"

At Tennessee Hills Distillery they embrace their heritage by incorporating age-old recipes and the finest locally grown ingredients to ensure premium quality. They have a passion for distilling products that are unique and authentic to the Tennessee Hills and they invite you to try a sip of their time-honored spirits today at 127 Fox St, Jonesborough, TN 37659.

By Katlin Buchanan
Chris’s Pressure Washing was established in March of 2017 by Chris Fultz. At first pressure washing was something Chris had started on the side, after realizing how much he enjoyed doing it and seeing the difference he could make in his customers properties he decided to make it a full-time job.

The general purpose of the business is to provide pressure washing services. However, they also offer concrete cleaning, house washing, wood staining, gutter cleaning, and gutter brightening. All services can be done at commercial and residential properties.

Workers at Chris’s Pressure Washing strive for endless customer service, they aren’t happy until you are. Give them a call today at 423-384-0704 for your free price estimate.

By Katlin Buchanan
Art comes in many forms and we are limited only by our imagination.  
-Becky Chapman, Artist

The Journeys of Women annual art exhibition will be free and open to the public August 31st – September 8th at the McKinney Center. Sponsored by the Women’s Fund of East Tennessee, the exhibition serves as a fundraiser for the organization whose vocation is to positively alter the lives of low-income women in the 25-county service area where the East Tennessee Foundation operates. The Women’s Fund, a national organization with state and local chapters, helps women of all ages gain access to things such as; health care, guidance to education and career paths, support in transition from welfare to work, as well as many other challenges women may be faced with. Partnered with the Town of Jonesborough’s McKinney Center, the East Tennessee Women’s Fund created this fundraising exhibition to shine light on the incredible talent of regional artists and to spread the word about the Women’s Fund and the work they strive to accomplish.

The art exhibited will be for sale and all proceeds will go to the Women’s Fund of East Tennessee. The nonprofit has awarded grants to the Red Legacy Recovery Program in Elizabethton offering help to women dealing with substance abuse issues, the Boys and Girls Club of Elizabethton/Carter County’s career preparation and life skills training program, and a summer program at Tusculum College for low-income high school girls. Over the past five years the Women’s Fund has awarded 23 grants in total, providing more than $300,000 to 16 organization in the area.

Currently the only fund in East Tennessee devoted to gifting revenue to organizations focused on improving the lives of women, the Fund works to be flexible, proactive and receptive in addressing the changing needs of the women they help. The Fund is also widely community driven, which allows individuals to be as involved as they desire within the Fund. This creates a genuine connection, not only to issues, but solutions as well.

Theresa Hammons, Director at the McKinney Center expresses how the Journeys of Women exhibition acts in sync with the center’s own mission:

One of our many goals here at the McKinney Center is to enhance the quality of life for our community. Artists, in their own way are community activists. They observe, and experience and overcome problems throughout their own lives whether it be losing a job, addiction, family issues, or a health crisis. They take these experiences and express it in their art work. I see students young and old at the McKinney Center transform throughout the semester as they take our art classes. Some students come in very shy with low self-confidence. They learn skills in art, music, and theatre, and finish their class with a new level of confidence that is inspiring. Adults that have had extensive careers come into the center and find a new found since of creativity and joy. A partnership with the Women’s Fund of East Tennessee was a natural one for the Town of Jonesborough and the McKinney Center. We have a common mission to the help better our community.

"We believe when you invest in a woman, you invest in a family, a community, and ultimately a region. By helping women and girls, we create stronger communities for all of us."

I dream of a healthier and happier social structure, not moving backward but forward to ameliorate yesterday’s damages.  
– Glenna Elsea, Artist
Lincoln Theatre  117 E. Main St. Marion, Virginia

**Well Red Comedy Tour**

**October 4th @ 8 PM**
Featuring Trae Crowder
'The Liberal Redneck'

**September 15**
An Evening with THE ISAACS

**November 24**
The Spirit of Christmas Tour

www.TheLincoln.org
Décor Exchange has been bringing buyers and sellers together since 2004. Decor Exchange is a finer home furnishings consignment store with the largest showroom in a 100-mile radius. The store offers consumers an alternative to selling their furniture and home decor online, through classifieds, yard sales or donating them. Through consignment people can make money while the work, pricing, advertising, displaying and selling is all done for them. Décor Exchange displays their merchandise beautifully in their 14,000 square foot showroom, giving shoppers the opportunity to furnish their homes with nearly new, quality and often unique merchandise at a fraction of retail. The purpose behind Décor Exchange is to encourage people to recycle, repurpose and reuse their finer home furnishings as well as give buyers a great selection of quality merchandise to choose from.

The owner Lesa Horne, decided to start Décor Exchange in 2004 with a 1500 square foot space in downtown Kingsport. Several moves and expansions later the store now has over 14,000 sq ft on Eastman Rd. Lesa had no previous experience as a business owner and very little retail knowledge but she had always loved yard sale and flea markets. The thought of having all the nicer furnishings in one place was something that she couldn’t let go of. At the time she’d heard of clothing consignment stores but not home furnishings, so she decided to try it. She soon found out that this was a much-needed service. People are always downsizing, upsizing, moving in and out of the area, etc.

At Décor Exchange they pride themselves on having a store that is fun, inviting as well as relaxing. Many regular customers call it “therapy.” Their staff work as a team to give superior customer service by building relationships with consignors and customers.

Visit Décor Exchange today at 1001 N Eastman Rd, Kingsport, TN 37664.
Hello, it’s me. I’ve thought about us for a long, long time. OK, apologies to Todd Rundgren—but hello. How are you? It’s been a while. You look well, you haven’t changed. Is that a new haircut? Looks great on you! Yes, The Loafer was away for a while. It looked like it wasn’t going to come back, but now it’s back! Where have I been in the time since The Loafer was gone? Oh, I’ve been around, but let me fill you in on what’s been going on in the last month or so since we saw each other.

When The Loafer first closed up shop I sat around on my couch for about a week. I had a steady diet of cheese whiz and chips, laying around all day watching old episodes of “Sale of the Century” on YouTube. After this phase of ennui passed, I knew I had to do the humane thing, it was time to let Batteries Not Included roam free. I packed the column up into the back of the car and drove to my aunt’s farm upstate. I opened the hatchback and said “Go on, git! You’re free now!” Tears streaming down my face, my column looked back at me like “I would never leave you.” Both of us unable to part from one another, I drove the column back home, where it then spent a week on my couch watching “Sale of the Century” on YouTube and eating Doritos. I wanted to figure out if I could find a new home for us. I asked friends, showed up to poetry slams, but nobody was particularly welcoming of my stories about my wife Sheila, child Lemuel, and my low-key obsession with the 1980s game show “Press Your Luck.” (Two game show references in one column, I’m back baby!) So I took some time off to go on my own “Eat, Pray, Love” journey. I backpacked through Europe and found my back isn’t what it was back when I was in high school. I threw it out as soon as I got to London, and then I wound up on the couch of a friend’s flat—where I was respectful, but they sat around in their underwear eating fish and chips and watching “Are You Being Served?” on YouTube. After this respite, I found myself back home, where I began hanging around The Olive Garden all day and really testing just how unlimited their unlimited pasta bowl was.

Then I heard words that The Loafer would be coming back, and I knew this summer of woe had left me in awful shape. It was time to tone the muscles in myself and Batteries Not Included back up to fighting weight. I hired a trainer and I began to walk five miles each day while my trainer yelled: “Name an obscure sitcom that most millennials won’t know about!” I shouted back to him “My Mother The Car!”

Soon I had all my muscle mass back and I was a lean, mean, quipping machine. I began to write, day and night, furiously! So here we are, The Loafer is back, Batteries Not Included is back, and I’m back. I’m all geeked up and ready to go, and I hope you are too. Now that things are back to “normal”—as normal as they get for this column—you’ll see the kind of shenanigans you always counted on seeing from me appear once more over the coming weeks. It’s good to be back, and it feels very good to say—see you next week.
First of all I am thrilled The Loafer is back, and I'm honored to be back as well, so on with the show! As the summer movie season has wrapped up, I decided to reveal my top movies of the summer. Of course, there were hundreds of films released over the summer and I am basing my list on the films I viewed at theaters.

My top movies of the summer are as follows:

"Mission Impossible- Fallout"- Not only is this film the best of the MI series, but it happens to be one of the best action films ever made. With every new MI movie, Tom Cruise tops the previous efforts with edge-of-your seat stunts. As a bonus Superman Henry Cavill was on hand, and nearly stole the film from Cruise.

"Solo: A Star Wars Story"- For some reason, which completely escapes me, this entry in the "Star Wars" cannon met with tepid box office when compared to other films set in the galaxy far, far away. For me the film was a perfect mix of action, heart and special effects. Plus the film reveals how besties Han Solo and Chewbacca met. Oh, and we meet Lando Calrissian for the first time. For good measure "Game of Thrones" star Emilia Clarke plays Han's love interest. What's not to love?

"Jurassic Park: Fallen Kingdom"- The latest entry in the JP franchise features what we love about these movies: people running from dinosaurs. Chris Pratt is on hand once more to exchange witty comments with co-star Bryce Dallas Howard and keep a raptor in order. Oh, and there is a man-made dinosaur in the mix. Pure summer fun.

"Mama Mia! Here We Go Again"- I must confess I never saw the original "Mama Mia" movie. What drew me to the sequel? One name: Cher. The entertainer steals the movie from the other stars, which is amazing considering she only appears in the last 20 minutes of the film. Now that's star power. Cheesy fun.

"Ocean's 8"- This film was packed with star power. Sandra Bullock, Cate Blanchett, Rihanna, Helena Bonham Carter, and Anne Hathaway are among the actresses on hand. The film is an expansion of the George Clooney- starring films, and frankly I didn't miss any of the actors from the other Ocean's films. Despite all the star power, Hathaway steals the film as a spoiled/ditzy actress.

"Hotel Transylvania 3: Summer Vacation"- If you are like me and have fallen in love with this CGI animated series featuring misfit monsters led by Count Dracula, you no doubt had a blast joining the gang on a monster cruise. While this film is not as good as the original, chuckles abound. Misfits unite.

"The Meg"- Based on the previews of this film I expected a total cheese fest. You know, just like those lovably bad sci-fi films for the 1950's and '60's. I was totally shocked to discover this film had me on the edge of my seat many times. Take a heaping helping of "Jaws", mix in a bit of "Godzilla", and sprinkle in a dash of Jason Statham, and you have "The Meg." Every-thing a summer "popcorn" flick should be.

"Incredibles 2"- I still can’t believe it took 14 years to come up with a sequel to the smash hit original. The film again features the hilarious superhero family, joined by baby Jack-Jack, who politely, well maybe not politely, walks off with the film. While the film is CGI animated, the story-line is for all ages and is a fun sequel to the original. Let's just hope we don't need to wait another 15 years for another visit with The Incredibles.

"Deadpool 2"- More tom foolery with the hero who loves to throw insults more than he loves to fight various bad guys. Deadpool forms the X-Force in this film, and battles Josh Brolin as villain Cable. Ryan Reynolds is again having a marvelous time as Deadpool. Keep the younger kids away.

After a fun summer at the movies its on to Autumn movies!
Just like the Phoenix rises from the ashes... Okay, well maybe it's not that dramatic, but finding out that we are once again going to be able to take our dedicated readers along for new journeys, well, it's just exciting! Appalachian Wanderers as well as The Nerd’s Corner are back and here to stay! Over the past few weeks, we received so many heartwarming emails and messages from fans of The Loafer telling us how much they enjoyed traveling along with us on our adventures and will miss our weekly columns. Our stories rekindled old memories with loved ones, sparked spur-of-the-moment escapades, and inspired many (including ourselves) to get out and explore everything East Tennessee and our surrounding region has to offer.

Fall is fast approaching, and we’ve got big plans for our favorite season! As the leaves on the Appalachian slopes erupt into a kaleidoscope of fiery colors, we’ll be venturing down new trails within the national forests and state parks that surround us. We’ve covered state parks across the Tennessee Valley region, and over the next year we want to show you even more of these wonderful treasures which stretch across our beautiful state from the Smokies to the Mississippi. Cedars of Lebanon, Fall Creek Falls, and Reelfoot Lake are just a few that deserve national attention for the natural treasures they protect. Our neighboring states have plenty to offer as well, so expect to see some other parks show up from the surrounding region like Virginia and North Carolina and maybe even Kentucky and West Virginia.

Our national park system has always been a big focus of our travels. We’ve taken you to the darkest caverns of Mammoth Cave National Park, hiked to the top of Ole Smoky, and explored the swamps of Congaree and the Everglades. We stopped by the Wright Brothers’ bicycle shop in downtown Dayton and stood in somber silence at Murfreesboro’s Stones River National Battlefield. Even with the dozens of sites we’ve visited, we’ve yet to scratch the surface. The eastern states have so many hidden gems that don’t get the attention of the large parks like Yosemite and Yellowstone, you just have to know where to look. We’ll be covering national battlefields, monuments, and historic sites in states near and far.

While we love spending time in the great outdoors and wilderness, we also love a good thrill ride. Amusement and theme parks are an American tradition with strong ties to many of our childhoods. Who doesn’t remember a visit to the local amusement park? The smell of cotton candy, lights flashing on the midway, and the laughter of family and friends while spinning round and round? Whether near or far, we hope you’ll join us as we visit parks around the country (and maybe even a foreign park or two!) and show you the newest thrill machines as well as future family traditions.

The Nerd’s Corner will be a big part of The Loafer as well, as many of you enjoyed geeking out with us over collectibles, comic books, and the latest superhero blockbusters! We’ve got visits planned to local and regional comic cons in the next few months, so keep your eyes open for some potential interviews with the actors, creators, and artists of your favorite pop culture phenomenons!

We have introduced you to the hottest toy craze, the favorite collectible at the time and brought you face to face to celebrities such as Elvira, Winston from the Ghostbusters and even Jason Voorhees from the Friday the 13th horror franchise. Oh, and don’t forget about the time that the ever so talented Ross Marquand (Red Skull from Marvel’s Infinity War and Aaron on The Walking Dead) asked us if we would like to do an interview with him for the magazine. Like he had to ask us more than once! That was more than exciting to sit down with him and talk! You can look forward to more celebrity interviews and faces in The Nerd’s Corner as we have plans to meet and talk with several more already in the works.

We’re so excited to be back with The Loafer once again, and we hope you’ll be here each week to join us on the adventures, fun, and exploration for many years to come!
Don’t let hearing loss leave you out.

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Occupational Hearing Protection | Tinnitus Management | Ear Wax Management

Dan Schumaier, Ph.D.

Better hearing is just a phone call away!

423-588-1127
106 E. Watauga Ave
Johnson City, TN 37601

423-897-1137
400 Y Street
Greeneville, TN 37745
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<td>Mars Hill</td>
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<td>SEP  8 SAT</td>
<td>at Tennessee</td>
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<td>Nov. 24</td>
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<td>@ Vanderbilt</td>
<td>Nashville, Tenn.</td>
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* Southeastern Conference Game
^ Belk College Kickoff Game (Bank of America Stadium)
If you or your band are playing in the upcoming week and would like to be in The Spotlight, call in advance to (423) 283-4324 or go online to: theloaferonline.com. Due to last minute cancellations or changes, please call the location to confirm.

- TUESDAY - Sept. 4 -
  Stemwinder Band  
at Rock's Wood Fired Pizza & Grill

- WEDNESDAY - Sept. 5 -
  Open Mic Nite  
The Willow Tree Coffeehouse & Music Room
  Iliad, Illiterate Light, and The Roosevelts  
The Hideaway
  HB Beverly  
Rock's Wood Fired Pizza & Grill

- THURSDAY - Sept. 6 -
  Jam w/Ellis Waddell  
Wellington's Restaurant
  Andrew Peterson  
Milligan College
  Open Mic/Sonwriter Showcase  
Bears Bar
  Open Hoot!  
The Down Home
  Head Games - A Tribute to Foreigner  
Bristol, TN
  Mark Larkins Live  
Rocks Wood Fired Pizza & Grill
  Next2Rock Live Finals!  
Wild Wing Cafe
  Beth Snapp  
Perfectly Unhinged

- FRIDAY - Sept. 7 -
  John Anderson Acoustic w/Elvie Shane  
The Paramount Center for the Arts
  Shooter Jennings w/Railway Express Band  
Patton-Crosswhite VFW Post 6975
  David Wiseman, Smokey Joe Peoples, and Moose Roberts  
Bloom Cafe and Listening Room
  Mountain Heart w/Time Sawyer  
The Willow Tree Coffeehouse & Music Room
  Area 52  
CJ's Sports Bar
  20th Anniversary of Music on the Square  
Jonesborough
  Before the Storm  
O'Mainnin's
  Ben Danaher  
The Down Home

- SATURDAY - Sept. 8 -
  Low Low Chariot  
Country Club Bar & Grill
  Railway Express  
Fraternal Order of Eagles 3141
  Soul Swagger  
CJ's Sports Bar
  Momma Molasses and Earleine  
Bloom Cafe and Listening Room
  The Bosses Live with Beat Boxer Luke  
Jiggy Ray's Elizabethton
  Songs from the Road Band  
The Willow Tree Coffeehouse & Music Room
  1134 and Amnesia w/Skinn Jakkitt  
Capone's
  Sucker Punch  
Holston River Brewing Co.
  Travis Phillips Benefit w/Soul Swagger, Syren, and JBA  
CJ's Sports Bar
  Move to Music for Seniors  
Memorial Park Community Center

- SUNDAY - Sept. 9 -
  A Little Night Music  
Memorial Park, Johnson City

- MONDAY - Sept. 10 -
  Tyler Rich  
Washington Co. Fair, Abingdon

for show time & more details, visit
theloaferonline.com
**TUESDAY**
- Karaoke w/ Crossroads & Josh Blevins at Dawg House Tavern
- Karaoke at Zachary’s Steakhouse
- Family Night Karaoke at C.J.’s Sports Bar
- Karaoke at Numan’s - Johnson City TN
- Karaoke w/ Absolute Entertainment at The Cave

**WEDNESDAY**
- Karaoke w/ Southern Sounds Karaoke at American Legion 8pm
- Karaoke at C.J.’s Sports Bar
- Turn the Page Karaoke at VFW Post 2108 - Johnson City TN

**THURSDAY**
- Karaoke w/ Absolute Entertainment at Macado’s - Kingsport
- Karaoke w/ DJ Marquez at Painters Creek
- Karaoke at Zachary’s Steakhouse
- Michael’s Krazy Karaoke at Stateline Bar & Grill
- Karaoke at C.J.’s Sports Bar
- Karaoke w/ DJ Marques Top Shelf Entertainment at Wild Wing Cafe JC
- Karaoke at Numan’s - Johnson City TN
- Karaoke w/ Absolute Entertainment at New Beginning’s
- Karaoke at Jiggy Rays Pizzaria
- Karaoke at Summer Cantina - Jay’s Boat Dock Jonesborough

**FRIDAY**
- Karaoke w/ Southern Sounds Karaoke at Sportsman’s Bar & Grill 9pm
- Karaoke w/ Shane Rouse at Bear’s Bar
- Karaoke at Kingsport Moose Lodge
- Karaoke w/ Reverb Karaoke at The Cottage 8:30 pm
- Turn the Page Karaoke at VFW Post 2108 - Johnson City TN
- Karaoke w/ Absolute Entertainment at Moe’s Original BBQ
- Karaoke w/ Toddzilla at Sportsmans Pub
- Karaoke at Elizabethton VFW - Elizabethton TN
- Karaoke w/ DJ Marquez & Top Shelf Entertainment at Holiday Inn (Exit 7) - Bristol VA
- Karaoke at Numan’s - Johnson City TN

**SATURDAY**
- Karaoke w/ Toddzilla at Sportsmans Pub
- Karaoke at Kingsport Moose Lodge
- Turn the Page Karaoke at VFW Post 2108 - Johnson City TN
- Karaoke w/ Absolute Entertainment at Macado’s - Kingsport
- Karaoke at Numan’s - Johnson City TN

**TRIVIA**

**TUESDAY**
- Wild Wing Café JC- Trivia Tuesdays 8:30pm
- Johnson City Brewing Company- Trivia Tuesdays 7pm
- Aubrey’s Johnson City- Trivia Night 7pm

**WEDNESDAY**
- Tipton Street Pub- Trivia Wednesdays 9pm
- Aubrey’s Bristol- Trivia Night 7pm

**THURSDAY**
- Holy Taco & Cantina Trivia Night 9pm
- JRH Brewing - Trivia Night

**MONDAY**
- Barley Waters- Trivia Night 7pm
- Yee-Haw Brewing- Trivia Mondays 7pm
Johnson City is a great place to be a bartender as a city, we are constantly growing and expanding our culinary scene. I'm from Johnson City and have been bartending and serving since I was 19 years old. I've been with Carrabba's Italian Grill in Johnson City for 3 years and bartending there for about a year and a half. My favorite part about being a bartender is making new cocktails and engaging in new friendships in the restaurant. My style of drinks is more casual but refined and smooth enough for people to be able to enjoy a nice cocktail paired with an amazing dinner.

For the fall season, Carrabba's will be featuring some new seasonal specials that I'm very excited about. When I think about fall I think about spices, apples, pears, wood, etc. and I love the idea of incorporating those elements in my drinks. Some of my favorite drinks for this season are our Italian Old Fashion, which is a classic cocktail with an Italian twist, and our Spiced Pear Sangria that will be the perfect addition to our stuffed pork chops or some of classic Italian dishes.

In addition to cocktails, wine is always a go to for dinners and to hangout. Nothing says fall like a good glass of wine in front of a bonfire. At Carrabba’s we have been hosting wine dinners monthly and we just had our first brunch! We are hoping to do them once a month. If you are looking to learn more about wine and a great time please join us!

You can come see us at Carrabas during our awesome happy hour from 3:00pm - 6:30pm everyday. While you’re here please try one of our homemade sangrias or one of our cocktail specials, they’ll have you wanting to come back every week!

If you are at home and want to try something new with your family and friends try a bellini. An Italian classic cocktail that mixes peach puree and sparkling wine. If you want to intensify the peach flavor try adding peach brandy, and for an autumnal variation add fig vodka. For your homemade Italian dinner, try adding a red wine demi glaze to your filet, pair it with some local grown grilled seasoned veggies and wash it down with a full bodied Cabernet. You will have your family and friends impressed with your bartending and cooking skills.

I am behind the bar every Thursday and Friday night looking forward to helping you take the edge off a hard week and get a great start to your weekend with all the bad jokes you could want and the best drinks in town.
Northeast State Theatre Stages 20,000 Leagues Under the Sea

Maelstroms and madness?! Narwhals and Nemo?!

The Northeast State Community College Department of Theatre invites you to explore the frightening depths of the deep seas and the human soul in the adaptation of 20,000 Leagues Under the Sea playing this fall.

In this new adaptation of Jules Verne’s classic 19th-century saga, an emphasis on action strips this adventure down to its essence, bringing spectacle and ensemble to the fore.

The College’s award-winning Theatre Department crew pulls out all the stops of light, sound, and action to retell the Jules Verne story which served as a touchstone for generations of science fiction authors.

Published in 1870, the story foretells with uncanny accuracy the inventions and technology of the 20th century. While this work is primarily an adaptation of a classic piece of literature, it also contains a hint of satire, which stems from our love of ‘80s and ‘90s genre films, action-comedies in particular. References to Predator, Die Hard, The Last Boy Scout, The Whole Nine Yards, Jaws and Blade Runner are peppered throughout the script to help lend a contemporary flavor.

A global expedition brings together prolific naturalist Professor Arronax, his devoted assistant Conseil and the gritty harpooner Ned Land. Our heroes board the Nautilus, the world’s first submarine vessel led by the dangerous and enigmatic Captain Nemo. The Captain leads his crew on a perilous tour of the seven seas to the ends of the known earth. Our three heroes are confronted by harrowing challenges, incredible adventure, and a host of most unusual creatures. The trio must wrestle with the dark forces that lurk in the depths of men’s souls if they are ever to return home alive.

Opening night is Nov. 8 at 7:30 p.m. at the Regional Center for the Performing Arts on the Blountville campus. Evening performances continue Nov. 9th and 10th. There is a special matinee performance on noon Nov. 9 and another matinee on Nov. 11 at 2:00 p.m. There will be two matinee performances scheduled Nov. 12 and Nov. 19 at 2:00 p.m. Tickets are $10 general admission and $8 for groups of 10 or more. Admission is free to Northeast State students presenting valid student identification.

The play is being directed by Northeast State Theatre instructor and technical director Brad McKenzie. The play is presented through special arrangement with The Dramatic Publishing Company of Woodstock, Ill.

In compliance with the American Disabilities Act, Northeast State honors requests for reasonable accommodations made by individuals with disabilities. Direct requests can be made at least 10 days in advance to (voice and TTY) 423.279.7640. Note: Audience members may be issued diving equipment on request.

Get your tickets at http://www.northeaststate.edu/boxoffice or call 423.354.5169 for more information.
**THINGS TO DO**

**Tuesday- September 4th**
- McAlister’s Deli Kid’s Night- Johnson City & Kingsport
- Trivia Tuesday- Johnson City Brewing Company
- Bingo – Tipton St. Pub
- Toddler Time-Kingsport Aquatic Center
- Drive-In Movie Mini Sessions – Stateline Drive-In Theater
- Ain’t Misbehavin’-Barter Theatre
- Singo - Barley Waters 7pm

**Wednesday- September 5th**
- Bottoms Up Yoga & Beer- JRH Brewing
- Yee Haw Yoga at Founders Park 5:30pm
- Open Mic Night - The Willow Tree Coffeehouse and Music Room 6pm
- JC Community Drum Circle - Pavilion at Founders Park 7pm
- FIA Free Women’s Fitness - Founders Park 5:30am
- Ranger Led Bike Ride - Sycamore Shoals State Historic Area 10am

**Thursday- September 6th**
- Dracula- Jonesborough International Storytelling Center
- Sip & Stroll- Downtown Kingsport
- Line Dance Lessons- Cj’s Sports Bar
- F3 Free Men’s Bootcamp - Founders Park 5:30am

**Friday- September 7th**
- UMOJA Festival – Downtown JC.
  - First Friday Family Night- The Warrior's Canvas and Veterans Art Center Johnson City
  - 5K Friday-Johnson City Brewing Co.
  - Hawkins County Fair - Camp Hope of East TN 9am-7pm
  - Local Shirt Friday-Downtown Johnson City
  - Dog Sees God: Confessions of a Teenage Blockhead - Johnson City Community Theatre 7:30pm
  - Disney's Newsies -Jonesborough Repertory Theatre 7:30pm
  - National Garden Club Standard Flower Show - Sycamore Shoals State Historic Area 1pm

**Saturday- September 8th**
- Appalachian Renaissance Fair- Piney Flats
- UMOJA Festival – Downtown Johnson City
- Elvis Has Left the Building Comedy-Blue Moon Theatre Company
- Outrun the Law: First Responders Appreciation Day- Smith Brothers Harley-Davidson
- SunWatch- Bays Mountain Park & Planetarium
- Kingsport Revival Rally – Kingsport Farmers Market
- Weekly Saturday Night Cruise IN - Bahama Snow and Brain Freeze Kingsport 6pm-9pm
- Night of Worship - Elizabethton Covered Bridge 3pm-9pm
- Hawkins County Fair - Camp Hope of East TN 9am-7pm
- Market Day- Pavilion at Founders park 7am
- Dog Sees God: Confessions of a Teenage Blockhead - Johnson City Community Theatre 7:30pm
- Disney’s Newsies -Jonesborough Repertory Theatre 2pm and 7:30pm

**Sunday- September 9th**
- Appalachian Renaissance Fair- Piney Flats
- Yoga and Mindful Imbibing- Gypsy Circus Cider Co.
- 2018 Tri-Cities 9/11 Memorial Stair Climb- Wellmont Valley Hospital
- Hawkins County Fair - Camp Hope of East TN 9am-7pm
- Dog Sees God: Confessions of a Teenage Blockhead - Johnson City Community Theatre 2:00pm
- Disney’s Newsies -Jonesborough Repertory Theatre 2pm

**Monday- September 10th**
- Game and Craft Night- Johnson City Public Library
- Washington County Fair - Abingdon, VA

**Cryptogram:** It’s not the size of the dog in the fight; it’s the size of the fight in the dog.

**DropQuote:** "For today and its blessings, I owe the world an attitude of gratitude."
Tranquility on Center is a luxurious beauty salon, spa, and boutique offering a wide range of services for all. The business officially opened their doors on February 28th, 2018 and is owned by Susie Dishner. They are a full-service salon that has experienced, well trained, professionals ready to help with a variety of hair, nail, facial, massage, makeup services and more. As well as a beautiful boutique featuring clothes, shoes, and accessories. They also carry DermAware a clinical, pharmaceutical grade skin care line, as well as Pureology, Alterna, spray tanning, chemical peels, and clinical facials.

The goal at Tranquility on Center is for the employees to be happy in their own lives so that they can provide an environment their clients will love with the best customer service possible. They strive to keep every client satisfied, happy, and coming back. The biggest challenge of starting up the business was remodeling the old building they’re in and to design and create a salon, spa, and boutique that everyone would love.

They currently have stylists who moved to their establishment from Lloyd’s on Shelby that they had co-owned for 30 years, as well as a few new stylists. The staff at Tranquility on Center are extremely proud of their accomplishments so far and are excited to continue to grow and expand. The establishment is a part of the Chamber of Kingsport and Downtown Association. They are also involved in downtown Kingsport events such as Sip & Stroll on the first Thursday of each month.

If you’re in need of an excellent, relaxing spa day take a trip out to Tranquility on Center located at 218 East Center Street Kingsport, TN 37660 or give them a call at 423-765-0734 to schedule an appointment. They’re open from 9am to 9pm Monday through Saturday and closed on Sundays, however after 6pm appointments are required.

by Kaitlin Buchanan
Neighborhood Ford was established in October of 2017. It is a car dealership located in Erwin, Tennessee. The goal at Neighborhood Ford is to make each customer truly feel like they are their neighbors by providing them with a true, simple, and honest car buying experience. They offer brand new Ford vehicles as well as a wide variety of pre-owned cars, trucks, and SUVs. The staff all together have over 50 years of combined experience in car sales.

If you’re looking for an affordable and reliable car, stop by Neighborhood Ford at 901 North Main Avenue in Erwin, Tennessee today. They know their cars and are ready to help you find your next one whether it be a family car, a Mustang GT, or a F-150. Neighborhood Ford is open Monday-Friday 8:30am-6pm and Saturday 9am-2pm.

Visit their website at www.neighborhoodford.net.

By Katlin Buchanan
We are excited and proud to introduce our very first community hero of the week, Officer Brittney Eberhardt!

After realizing she was never going to be a professional “pet detective” like Mary Kate and Ashley Olsen, Brittney knew a career with the police was where she wanted to head.

Brittney’s biggest goal for her law enforcement career is to be involved with as much community service and community involvement as possible. Brittney works closely with the Special Olympics and Shop With a Cop to orchestrate events and fundraisers benefiting their respective programs. She also participates in a number of additional community events aimed at promoting positive relationships between the youth and officers in our community.

We thank you, Officer Eberhardt, for all your hard work and dedication protecting our community!

by Jaclyn Law

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GRAND LABOR DAY SALE

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JOHNSON CITY
3026 E. Oakland Ave.

KINGSPORT
1535 East Stone Drive

BRISTOL
3325 Lee Highway
BIKE NIGHTS
Sept 4: Bike Night with Smith Brothers H-D at Mellow Mushroom
Sept 6: Bike Nite Block Party - Black Wolf Harley-Davidson, Bristol, VA
Sept 7: Bikers at the Bluff - Larry's Diner, Bluff City
Sept 8: Tacos & Test Rides - Smith Brothers Harley-Davidson, Johnson City

RUNS & RIDES
Sept 8: Ride for Recovery - Black Wolf Harley-Davidson, Bristol, VA

CAR SHOWS
Fridays Krystal's Johnson City
Saturdays Carter County Car Club Downtown Elizabethton
Sept 7: Erwin Cruise-In Car Show, Downtown Erwin
Sept 8: Nightshift Garage End of Summer Palooza, Bristol Motor Speedway, 5pm

UPCOMING EVENTS
EASTMAN CHEMICAL COMPANY
September 4 @ 7:30 am - 3:00 pm

SCOTT COUNTY HEALTH DEPARTMENT
September 4 @ 9:00 am - 1:00 pm

VIRGINA HIGHLANDS COMMUNITY COLLEGE
September 4 @ 10:00 am - 4:00 pm

SULLIVAN CENTRAL HIGH SCHOOL
September 5 @ 7:30 am - 2:00 pm

UVA COLLEGE AT WISE (376-4514)
September 5 @ 10:00 am - 5:00 pm
Ready to have a one of a kind beading experience?

At Cindy’s Crafts you’ll be treated like family as you browse her extensive collection of colors and patterns, all waiting to be customized to fit your unique vision and style. Cindy’s Crafts is dedicated to providing you with the personal one-on-one experience you deserve, from an expert in the field. With a full line of crafting and beading materials, you are certain to find exactly what you are looking for.

In business since 1989, owner and operator Cindy Tipton, has over 30 years of experience specializing in custom beaded jewelry and design. Cindy’s Crafts also offers personalized ordering, classes, and more!

Local, honest, and knowledgeable, if you’ve never had the pleasure of speaking with Cindy, make it a point to stop by her shop today, located at 2532 Elizabethton Highway, Johnson City, TN, or give her a call at 423-926-0500.

By Katlin Buchanan

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- Mark Twain
The Elizabethton / Carter County Animal Shelter is a Government operated Animal "Adoption Shelter." We only accept and adopt out domestic cats and dogs from Carter County. We do not accept Feral animals nor wildlife nor farm animals and we do not provide veterinary or euthanasia services to the public. We are a very small shelter and do not kill animals to make space to take in more animals. Just like a hospital, nursing home or human shelter, when we are full we are full. We do have a waiting list and, as we adopt pets out and have room, we will accept new animals.
The tenth annual Art in the Park held on the International Storytelling Center grounds Saturday, October 20, 10am – 5pm and Sunday, October 21, noon – 5pm is taking applications for new artists now through September 7.

Autumn in Northeast Tennessee brings thousands of tourists to the area to see the mountains in their colorful splendor. A favored tourist spot is Historic Downtown Jonesborough, the oldest town in Tennessee which will be adorned in autumn décor.

The goal of this show is to highlight the art, music, and dance produced in our region. Featuring nearly 50 visual artists located inside the International Storytelling Center and the surrounding Storytelling Park, the juried and judged event accepts unique arts and crafts from around the region. In keeping this a fine art event, the attempt is to offer a venue for professional artists to showcase their artwork. Musicians, authors, dancers, and performance artists are encouraged to apply to be at the event. This year college students are encouraged to participate and will receive a special reduced booth rate.

The ever-popular Best of Show honor will be given amongst the regional artists that includes $1,000, second place will be awarded $500 and third place $300. Two Honorable Mention certificates will be awarded and one Best of Tasting certificate. For the first time ever, there will also be a Best New Artist award for $125.

Visual artists must submit an application, jury fee, booth fee, and photographs of their work and booth set up to be considered. Once juried into Art in the Park artists will not have to be juried in again. A perk to participating artists will be their name printed in the event program and a hospitality area where light refreshments will be provided throughout the event.

Eligible artists can apply at www.mckinneycenter.com/artinthepark or by contacting Theresa Hammons at (423) 753-0562 or theresah@jonesboroughn.org.

On August 16, 2018, the Town of Jonesborough Parks and Recreation wrapped up its annual Persimmon Ridge Coed Softball League and Tournament. This season, 10 teams competed twice per week at Persimmon Ridge Park to vie for the title of League Champion. After some great softball action, Team Barley Waters was crowned as the 2018 champion in a thrilling final night performance.

Pressure washing removes mold and algae from roofs, siding, concrete and wood. We use the soft wash method to wash, so we won't damage your property. It's recommended to wash your house at least every other year. We also do gutter cleaning and wood stripping and staining. Gutter cleaning helps keep water away from the foundation of your home and helps keep water flowing so any blockages don't add weight and cause the gutter to fall.

By Chris Fultz, Chris's Pressure Washing
Wetlands Set to Host Closing Weekend

Wetlands Water Park in Jonesborough is gearing up for its final weekend of the 2018 Season! Wetlands will be open Saturday 10 a.m. - 6 p.m., Sunday 12 noon - 6 p.m. & Labor Day Monday 10 a.m. - 6 p.m.

Come say goodbye to summer while you enjoy the excitement of our 3 water slides, relax in our lazy river, soak up the sun on our pool deck and have a great time with your friends and family!

Ticket prices are $12 for adults, $9.00 for children ages 4-12 & seniors 55 & older. Children 3 & under are free. Everyday tickets are half priced after 3:00pm. Sunday features $9.00 for all ages.

For more information visit our website at wetlands-jonesborough.com, or call 423-753-1553. You can also find Wetlands on Facebook and Instagram.

PAWS IN BLUE

Join us for the first annual Paws in Blue Fundraiser Event on Saturday, September 8 from 10 a.m. to 3 p.m. at Persimmon Ridge Park in Jonesborough. Enjoy swimming at Wetlands, food trucks, dog vendors, a K-9 competition and more throughout the day. This fundraiser is an effort to raise funds to help the Jonesborough Police Department obtain another Police K-9.

An opening ceremony will kick-off the event at 10 a.m. with the Presentation of Colors by the Daniel Boone Marine JROTC, National Anthem and Pledge of Allegiance. The K-9 Competition and Demonstration will start at 10:30 a.m. in the field at Persimmon Ridge Park and there will be representatives from area law enforcement agencies ready for their challenges. Also enjoy a K-9 demonstration showing off skills for tracking, apprehension, narcotics and article search.

Various dog related vendors will be on-hand offering treats, collars and even a dog washing station located next to the water park. Also enjoy food from Let's Taco 'Bout It, Auntie Ruth's Doughnuts and more. The Wetlands Water Park will be offering swimming at the pool for a donation from 10 a.m. to 3 p.m. and it will be your last chance to swim for the season. We welcome leashed dogs at the event, but unfortunately, they will not be allowed inside Wetlands.

Also, be sure to stick around for the Doughnut Eating Contest at 1 p.m. with area public safety officers all ready to take a bite out of crime...or at least an Auntie Ruth’s Doughnut! A contest will also be held for those in attendance but space will be limited. For more info, visit Paws in Blue on Facebook or call Ruth Verhegge at 423.794.0237.
Who are we?
We are a Christian family and hold firmly to our belief in God, the Son, and the Holy Spirit. We read, trust, and believe the inspired God-breathed Word of the Holy Bible, and we hold tight to the traditional family values. We are proud Americans that love our country and our flag, plus we are Vols fans!

Special Niche- Michael and Vicki felt a special need to start “Our Home Doggy Daycare & Boarding”. There was a void for good people with good dogs to have a great, safe, and clean place to leave their faithful canine family members while the parents were away. Michael and Vicki have two dogs of their own that live happily together. They love their home and their pets, and they are confident that your dogs will love Our Home away from home too.

Slumber Party- Exactly, Michael and Vicki are always on site 24/7 and guess what? They sleep in the dog house, just to make sure that your loved one is safe and not home sick. They do not use crates unless you prefer that your pet sleeps in a crate.

Dog Gone it Fun- The best dog gone dog house rules for Our Home Doggy Daycare & Boarding is that it is a fun, safe, and comfortable place for your dog. Michael and Vicki evaluate the behavior, temperament, and compatibility of your dog before coming aboard. There is a “Meet-and-Greet” interview and a “Evaluation Day” for all first-time dogs. All dogs that stay must be friendly, non-threatening, well-behaved, and housebroken. The meet and greet allows everyone to see the facility and then decide if you want your dogs to have a great vacation at Our Home Doggy Daycare & Boarding.
Parrots & Tails IV
Benefit for the Carter County Animal Shelter

The Friends of the ECCAS in partnership with the Tri-Cities Hillbilly ParrotHead Club are thrilled to announce the 4th installment of concerts to benefit the Elizabethton /Carter County Animal Shelter. Parrots and Tails IV will be at the Elizabethton Covered Bridge Park on Saturday, September 29th with entertainment at the park beginning at 11:00 and continuing on until 7:00 pm and features 8 different fantastic musical acts and a wide assortment of food and fun things to eat and do for the day. The festivities begin with TAILS ON THE TWEETSIE, a 2K dog walk on the Tweetsie Trail starting at the Eliz Depot across from Taco Bell. Registration is at 8:00 am and the walk starts at 9:00. With a $15.00 donation all walkers will receive a day pass for the main event, automatic entry in the MUTTarataville contest and a FREE commemorative T-Shirt of choice to the first 25 entries.

This year they have added a puppy parade with a MUTTarataville contest sponsored by the Parrot Heads at 11:30 with 4 trophy winning categories: Best Dressed, Best Owner Look Alike, Best Wiggly Butt and Outstanding Dog Talent. Area churches and Friends of the shelter have donated 10 delicious homemade cakes for each of the 10 cake walks throughout the day. Come hungry with choices like Jiggy Rays made to order pizza's to hot dogs, nachos, ice cream, funnel cakes, shaved ice, ice cold beer and soft drinks there's plenty of choices to please the palate. This is the primary fundraising event for our local animal shelter and all donations are tax deductible. Admission is a donation of $15 at the gate with children under 12 admitted free when accompanied by an adult. All checks are payable to the Friends Group or Friends of the ECCAS.

For more information contact John Bland at parrotsandtails4@gmail.com.

11:30 - Jim Miller - Appalachian Hammer Dulcimer
12:00 - JB and The Hoolinator (John Bland and Steve Hebert)
1:00 - Mark White and Scotty Melton - Acoustic Duo
2:00 - HB Beverly - Tri Cities Premier Parrot Head
3:00 - Under The Table - 5 piece Classic Rock
4:00 - Half Moon Trench - Rock and Roll Electric Mix
5:00 - Acoustifried - Pure Country Rock and Roll
Additional films this fall include "Man Made" (Oct. 22), a documentary focusing on four transgendered men as they prepare to compete in the only all-transgender bodybuilding competition in the world, and "Chasing Portraits" (Nov. 5), the filmmaker’s story of pursuing her great-grandfather’s long-lost pre-WWII paintings of Jewish life.

“We’re fortunate to have a unique mixture of narrative and documentary films this semester,” says Anita DeAngelis, director of the Martin School of the Arts. “We get to meet people and characters on their own ground – Sadie, who is struggling as she comes of age, four body builders in various stages of gender transition and a Polish painter’s great-granddaughter on a personal and historic quest.”

The fall season also features three visual art exhibitions, starting with “The Shore Line Project,” a multimedia documentary project that looks at the tensions between unchecked development and climate change on coastal towns and cities around the world. It will be on display at ETSU’s Reece Museum Sept. 24-Oct. 5, with an artist talk by award-winning documentarian Liz Miller and reception on Sept. 25 at 6 p.m.

“Over half of the world’s population lives within 50 miles of a shoreline and three-quarters of our major cities throughout the world are along a coast,” DeAngelis says, “so coastal areas are certainly significant. We’ll learn here how significant during this fascinating digital exhibition.”

The following week, the sixth annual "FL3TCH3R Exhibit: Social & Politically Engaged Art" opens, featuring artworks of myriad media from around the globe that spotlight social and political issues.

“Entries come in from literally all over the world for the ‘FL3TCH3R Exhibit,’” DeAngelis says, “and this year, meeting graphic designer and juror David Carson will be a particularly important experience for our students." "FL3TCH3R" runs from Oct. 8-Dec. 14 in the Reece Museum and will feature a juror’s talk by Carson on Nov. 1 at 5 p.m.

The School of the Arts will sponsor more visual art in October, with the "Upstate" photography exhibition at Reese Museum Oct. 22-Dec. 14, featuring the work of ETSU Art and Design professor and American Folk Art Museum director Tema Stauffer. "Upstate" features color photos exploring urban and rural environments and relics of the Hudson, New York, produced a “hushed, meditative and nostalgic mood,” says Alison Nordström in her essay on the collection, suggesting a degree of timelessness...

Nordström, an independent scholar, writer and curator specializing in photographs, will come from Massachusetts to give the pre-reception talk on Nov. 29 at 5 p.m., while novelist Xhenet Aliu will present a reading on Oct. 24 at 5 p.m. Stauffer will also give a talk in the ETSU Women’s Studies program’s "Women on Wednesdays" series on Nov. 7 at noon in the Reece Museum.

The Martin School’s fall season also includes three ticketed events, two from the music spectrum and one classic theater piece. On Sept. 28, Brian FitzGerald and Martin McCormack, the duo known as Switchback, will combine their mix of mandolin, guitar, bass and vocals in a concert of contemporary Celtic Americana music that reflects their Irish heritage and Midwestern roots. Switchback will perform at First Presbyterian Church, 105 S. Boone St., at 7:30 p.m.

October will bring a touch of classical drama with Actors From The London Stage (AFTLS) performing Shakespeare’s "Hamlet" in ETSU’s Bud Frank Theatre in Gilbreath Hall on Oct. 25 and 26 at 7:30 p.m. and Oct. 27 at 2 p.m. The play will be staged with minimal props, costumes and set, says AFTLS founding director Sir Patrick Stewart, to keep the focus on the Bard’s words, which continue to resonate with audiences 400 years later.

The fall season will close with a performance by Nobuntu, a female a cappella quintet from Zimbabwe, on Nov. 13 at 7:30 p.m. at Central Baptist Church, 500 N. Roan St. Nobuntu interweaves traditional Zimbabwean Afro-jazz and gospel songs with pure voices, percussion on traditional instruments and authentic dance movements. "You don’t have to know the language to appreciate this music," DeAngelis says. "It’s joyful and rhythmic, and the harmonies are phenomenal.”

Each season is new, diverse and exciting for us at the Martin School of the Arts,” DeAngelis says. “This fall, we will balance deep conversations and perspectives on family, personal and societal issues, with joyful and toe-tapping music from other continents and our own. We look forward to sharing all these experiences with students and our friends in the community and Upper East Tennessee.”

For more information about the Martin School of the Arts or to purchase tickets, visit www.etsu.edu/martin or call 423-439-TKTS (8587). For disability services at ETSU Office of Disability Services at 423-439-8346, follow the Martin School of the Arts on Twitter, @artsatetsu, and on Facebook.

Monday, Sept. 10, 7 p.m. Sadie, narrative film Brown Hall Auditorium
Sept. 24-Oct. 5 The Shore Line Project Tuesday, Sept. 25, 6 p.m. Liz Miller Artist Talk & Reception Reece Museum
Friday, Sept. 28, 7:30 p.m. Switchback First Presbyterian Church, JC
Oct. 8-Dec. 14 FL3TCH3R Exhibit Thursday, Nov. 1, 5 p.m. David Carson Juror’s Talk Reception & Awards 6-8 p.m. Reece Museum
Monday, Oct. 22, 7 p.m. Man Made documentary film Brown Hall Auditorium
Thursday/Friday, Oct. 25 & 26 7:30 p.m. Saturday, Oct. 27, 3 p.m. Hamlet – Actors From The London Stage Bud Frank Theatre
Oct. 22-Dec. 14 Upstate photography exhibit Wednesday, Oct. 24, 5 p.m. Xhenet Aliu reading Thursday, Nov. 29, 5 p.m. Alison Nordström Curator Talk Reception 6-8 p.m. Reece Museum
Monday, Nov. 5, 7 p.m. Chasing Portraits documentary film Brown Hall Auditorium
Tuesday, Nov. 13, 7:30 p.m. Nobuntu Central Baptist Church, JC

Schedule subject to change
The Unicoi County Chamber of Commerce will hold its 41st annual Unicoi County Apple Festival on Friday and Saturday, Oct. 5 and 6, from 8 a.m. to 8 p.m. each day in downtown Erwin, Tenn.

The festival, drawing more than 110,000 annual attendees, has been consistently named one of the Southeast Tourism Society’s Top 20 events in the southeast and is a four-year winner of the Northeast Tennessee Tourism Association’s Pinnacle Award. The premier two-day event offers something for everyone -- handmade crafts, antiques, entertainment, a large children’s area, a Blue Ridge Pottery show and sale, contests and a smorgasbord of food!

The craft festival, which features more than 350 vendors from around the country, will be lined along the downtown streets of Erwin showcasing their unique arts, crafts and foods.

Three stages consisting of entertainment will be included in this year’s festival. Both Friday and Saturday, top gospel groups will praise the Lord in song on the Love Street Stage. The Gay Street Stage will feature a variety of indie, acoustic, country, coverbands and rockers. The Gathering Place Park Stage will showcase Bluegrass artists, as well as festival announcements, contest winners, dancing, individual performers and more.

Bring your appetite and let it have a festival. You can enjoy everything from Chinese to Greek foods, traditional foods such as barbecue, homemade hamburgers and hot wings to apple pies and apple dumplings. For your convenience, three food courts, including tables and chairs, have been established.

The large children’s area is a festival within a festival, uniquely designed for the young festivalthemers, complete with rides, games, concessions and much more. Located in the parking lot of Erwin Town Hall, the 2016 festival children’s area, sponsored by the Unicoi County Family YMCA, will feature exciting attractions, including The Fun Factory’s Adrenalin Rush, Bungee Run, Joust, Saber-Tooth Tiger Slide, Bungee Trampoline and the King Kong Slide. Children and adults of all ages are invited to participate. The train ride, a children’s favorite from years past, will also be part of this year’s events.

To enliven one’s competitive spirit, the Unicoi County Apple Festival includes many activities and contests. The Miss Apple Festival Pageant, where “Pageant Queens” will be crowned in nine age divisions, will place on Saturday, Sept. 29 at the Unicoi County High School auditorium. Boys and girls under age five will have the opportunity to vie for the title of Apple Dumpling of the Year in the annual Apple Dumpling Contest fundraiser. Runners from across the country will converge on the streets of Erwin for the running of the Nuclear Fuel Services Apple Festival 4-mile footrace and 2-mile race walk. The UT Extension Apple Cooking Contest will take place on Friday, October 5.

The festival spans across a 5-block section of downtown Erwin and includes adjoining side streets. From Interstate 26, take Exit 37 into downtown Erwin. Several parking areas around Exit 37 have been secured for festival attendees.

To ensure the safety of the large number of attendees, festival organizers ask that you please do not bring pets onto the festival grounds. Bicycles and skateboards are also not permitted on festival grounds.

Don’t forget to mark your calendars for two-days of Apple Festival fun in Erwin, Tenn! For more information, call the Unicoi County Chamber of Commerce at (423) 743-3000, visit the website at www.unicoicounty.org or stop by the Chamber office located at 100 South Main Ave.
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<td>EAST TENNESSEE PBS ADVANCE SCREENING OF MASTERPIECE’S “POLDARK” SEASON 4 SNEAK PEEK</td>
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<td>OCT 04</td>
<td>PARAMOUNT BRISTOL PRESENTS “CHICKS WITH HITS” TERRI CLARK, PAM TILLIS, &amp; SUZY BOGGUSS</td>
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<td>OCT 05</td>
<td>EMPORIUM PRESENTS THE BLACK JACKET SYMPHONY AC/DC’S BACK IN BLACK</td>
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<td>OCT 06</td>
<td>SUSAN G. KOMEN OF EAST TN AND HIGHLANDS BALLET PRESENT TURN OUT FOR THE CURE GALA FUNDRAISER &amp; PERFORMANCE</td>
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<td>OCT 06</td>
<td>PARAMOUNT BRISTOL PRESENTS MUSIC OF CREAM 50TH ANNIVERSARY WORLD TOUR</td>
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<td>OCT 19</td>
<td>AN EVENING WITH LYLE LOVETT &amp; ROBERT EARL KEEN UNDERWRITTEN BY PAL’S SUDDEN SERVICE WITH ADDITIONAL SUPPORT FROM HVAC, INC. &amp; VOLUNTEER VODKA</td>
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<td>OCT 20</td>
<td>AN EVENING WITH JOHN ANDERSON - ACOUSTIC - SPECIAL GUEST ELVIE SHANE</td>
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