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Time sure does fly when you are having fun!! We have made it through our first month of being The Loafer's new home! It has fit well here at Market Innovations. It's been an amazing experience and an honor to add this to our family. We have had so much love coming our way through the community helping us bring it back. We could of not done this without our loyal readers and our wonderful advertisers. I am forever grateful.

Now that we have made it through our first month we will be launching Loafer Live this month so be sure to watch where we will be. Make sure to follow us on Facebook and Instagram!

Again thank you to the community and my amazing staff for making all of our publications wonderful. Make sure to pick up Tri-Cities Best Home Magazine and Tri-Cities Eats Magazine.

Happy Fall Y’all!!!!

Kimberly Dugger
Publisher
KATLIN BUCHANAN
OFFICE ASSISTANT
“She is Clothed in Strength and Dignity and She Laughs Without Fear of The Future” — Proverbs 31:25

JACLYN LAW
OFFICE MANAGER
“Laughter is timeless, Imagination has no age, and dreams are forever” — Walt Disney

LORI HOWELL
ACCOUNT EXECUTIVE

KIMBERLY DUGGER
PUBLISHER
“Behind every successful woman is a tribe of other successful women who have her back.”

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MEET THE STAFF

HALEY HOPKINS
DISTRIBUTION, TRI-CITIES BEST HOME MAGAZINE & TRI-CITIES EATS

MARIA LOVELADY
INSIDE SALES
“Creativity is intelligence having fun” — Albert Einstein

KATLIN BUCHANAN
OFFICE ASSISTANT
“She is Clothed in Strength and Dignity and She Laughs Without Fear of The Future” — Proverbs 31:25
that paired well with my favorite Vinos. It incorporates a crowd pleasing Pinot Grigio into the dish, conveniently leaving plenty to drink with your dinner AND if you prep a little in advance, should only take around 30 minutes. This dish serves 4 people with normal appetites and drinking habits (or one person, twice if your name is Kathie Scalf) and clocks in at only around $30, including the wine! I don’t know of any restaurant in town where you can get an elegant, healthy dinner paired with wine for only $7.50 a head. But if you do, I’m available! Also, you may want to be forewarned, I am of the belief that cooking is an art and baking is a science. I am an artist which means I do not really measure my ingredients a lot. For the sake of this article, I have attempted, but a lot of the spices were based on personal preference and should be adjusted to taste.

The main dish of chicken was divine, dredged in just enough flour, Parmesan cheese and spices to soak up the butter and oil in the pan and cook a golden, delicious brown. Deglazing the pan of chicken drippings and garlic, mushroom and onion with the white wine and chicken broth produced a savory delectable topping that I couldn’t get enough of. However, the piece de resistance of this meal had to be the roasted vegetables. I had to make myself stop eating them. A medley of colorful vegetables, roasted in the oven then tossed in a balsamic honey glaze, it was simple, easy and absolutely mouthwatering. So, I’m sure you’re ready to get to the ‘meat’ of this article (puns intended) and read the recipe already!

**Chicken and Mushrooms in Garlic White Wine Sauce**

Ingredients:
- 8oz sliced baby Bella mushrooms
- 1/3 C white wine (Pinot Grigio or Chardonnay works best)
- 1/2 C chicken broth
- More salt and pepper to taste (for seasoning veggies in skillet)
- Garnish with chopped fresh parsley

Preheat oven to 425. Line a baking sheet with foil and spray with nonstick. In a large bowl, toss all veggies with 2 Tbsp of olive oil, salt and pepper. Spread vegetables evenly onto baking sheet and roast until tender for 30 minutes. Remove from oven, transfer veggies back to large bowl and toss in remaining 1 Tbsp of olive oil, balsamic syrup and honey. Serve and enjoy!

This meal was so filling and tasty. I am a country girl so I have no problem using store brand for most things. I do suggest investing in a good balsamic vinegar and olive oil though. I also got a banging good deal on chicken at the store I went to. Most grocery stores mark down their closely dated meats in early afternoon, so that’s the best time to shop for it if you’re planning on using it that day. For example, I got 1 1/2 lbs of chicken breast for $1.94 that was marked down from almost $7.00! I used Gnarly Head Pinot Grigio for my wine, which is around $10/bottle. I live by the philosophy, “If you wouldn’t drink it, don’t cook with it.” All the Gnarly products are fantastic for the price point and consistently rate between 89-92 pts with Wine Enthusiast Magazine.

I truly hope you all like this meal as much as I did and can enjoy it the way it’s meant to be— in the comfort of home, in your most cozy sweatpants, surrounded by warmth and laughter and plenty of vino. Cheers!
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Thursday: Smothered Baked Chicken
Friday: Catfish
Saturday: BBQ/Smoked Ribs/Chicken

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All meals come with 2 sides: greens, cabbage, yams, green beans, cream corn, mac & cheese, peas, peach cobbler, carrot souffle, cornbread dressing with gravy

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Name: Mozer Fife Coelho
Branch: United States Navy
Age Joined: 28
Rank: Logistics Specialist
Years Served: My contract is for five years. Three of mandatory sea duty, with three years of optional shore duty.

What made you want to serve our country? After a near death experience while filming music videos I thought the military would be more fitting for my talents/skills.

What advice would you give someone looking to go into the military? Just know that it's all about showing that you can follow orders. It's not about what you want or do anymore.

Did you make any close friendships while in the service? Did you continue any of those relationships? Everyone in any branch of the military will become family with their boot camp brothers and sisters.

What was the best and worst ‘military’ food you were served, and why? Every meal from boot camp was the worst because it was intended to make everyone constipated on purpose.

Where did you travel while in the service? Chicago, Mississippi, and Norfolk, VA.

Why did you pick the service branch you joined? Because I felt the Navy was the best choice for someone with a college degree.

Do you recall your first days in service? Cold and LOUD!

Was there something special you did for “good luck”? My brother was in the army and I wore his Quicksilver jacket when I arrived at boot camp.

Did you work or go back to school? I got a Bachelor’s of Science in Digital Media and then I joined the Navy almost five years later.
BREAST CANCER AWARENESS

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. Other than skin cancer, breast cancer is the most common cancer among American women. Getting mammograms regularly can lower the risk of dying from breast cancer. The United States Preventive Services Task Force recommends that if you are 50 to 74 years old, be sure to have a screening mammogram every two years. If you are 40 to 49 years old, talk to your doctor about when to start and how often to get a screening mammogram.

What Are the Symptoms?
There are different symptoms of breast cancer, and some people have no symptoms at all. Symptoms can include—
- Any change in the size or the shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.

If you have any signs that worry you, see your doctor right away.

How Can I Lower My Risk?
Some main factors that influence your risk for breast cancer include—
- Being a woman.
- Being older (most breast cancers are found in women who are 50 years old or older).
- Having changes in your breast cancer genes (BRCA1 and BRCA2).
- Most women who get breast cancer have no known risk factors and no history of the disease in their families. There are things you can do to can help lower your breast cancer risk.

Although breast cancer screening cannot prevent breast cancer, it can help find breast cancer early, when it is easier to treat. Talk to your doctor about which breast cancer screening tests are right for you, and when you should have them.

National Breast and Cervical Cancer Early Detection Program: Screening Women, Saving Lives
Are you worried about the cost? CDC offers free or low-cost mammograms. Find out if you qualify.

Fast Facts About Breast Cancer
- Each year in the United States, more than 240,000 women get breast cancer and more than 40,000 women die from the disease.
- Men also get breast cancer, but it is not very common. Less than 1% of breast cancers occur in men.
- Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects younger women. About 10% of all new cases of breast cancer in the United States are found in women younger than 45 years of age.

Content provided and maintained by the US Centers for Disease Control and Prevention (CDC).
SURVIVOR OF THE WEEK
Kimberly Dugger

August 13, 2006 my whole world changed. Here I am 34 years old with a month old daughter, a ten year old daughter, and a 6 year old son, and I am being told I need a biopsy on my right breast. I have never been so scared in my life, since I had already lost my Mother to this terrible disease. So the next few months was filled with doctors, scans and hospitals. I am young scared and a single Mom of three. I did not want to have a double mastectomy, so after seeing three different doctors that was my best option to avoid it coming back after being diagnosed with stage 2 Ductal Carcinoma. So on February 11, 2007 I went in to have a double mastectomy. I will never forget that day laying back in the operating room waiting for my IV so scared and feeling so alone with tears streaming down my face knowing my world was changing. All I could think about was my three beautiful children and how I was doing this for them. I never wanted them to feel what I felt losing my Mom at 13 to this disease. The weeks after the surgery was terrible not only the pain, but looking at the scars and how I felt about myself. No one can prepares you for that and how you will feel. Everything just moved so fast after that. After chemo and watching my body change even more, with losing hair, being sick and weak. I wanted to quit give up just be done, but how could I leave three people that needed me the most. I remember laying in the hospital so sick and just out of if from all the meds and pain meds and feeling something touch my hand and seeing my Mom standing there saying you can do this and everything would be just fine. At that moment I knew I would fight with everything in me, and even though I felt so alone at that moment I didn’t feel that way anymore. Over the past year after getting through treatments I finally was able to get reconstruction surgery. Wow they sure don’t prepare you for that either. This has been a long hard road! So far I have had 31 reconstruction procedures and I am getting ready to have another one. I have so many other medical problems that I never had before after all of this. I now have Lupus and a heart condition any many other issues. Breast cancer has always been in my life as long as I can remember with my Mom, Sister and myself. I test BRCA positive which is a genetic gene that made my chances of getting it 85%. I have two beautiful daughters that I worry about every single day that they could have to go through this as well. This is why it is so very important that we support breast cancer research and find a cure for this disease that takes hold of so many women. Getting breast cancer forever changes your life in so many different ways. It has took me many years to be that person that was proud of themselves and not be ashamed of how my body looked or my scars. Those scars made me a strong woman that wants to do better in life and fight for what she wants. It took many years to get back in that dating world after all the surgeries and health problems. I thought who would want me I am damaged. So untrue on September 4, 2010 I met a man that didn’t care about my scars or what health problems I had. On December 17, 2011 that man is now my husband and everyday he reminds me he married me for the woman I am not what I look like on the outside. So ladies if you have ever had to go through this never ever feel less than. God has a plan for us all and he has blessed me in so many ways. The things I used to take for granted I don’t anymore. Some days now I don’t want to get out of bed, but I do because I know God gave me another chance at life and I plan to live it being thankful. So please support Breast Cancer Awareness month and help us find a cure so other woman do not have to experience this!

by Kimberly Dugger
Silver Dollar City Pt. 2

Last week we introduced you to Silver Dollar City, undoubtedly one of the best theme parks found in the country. Like its sister park Dollywood, you’re transported to a world of world-class shows, food, entertainment, and thrill rides. We finally made our first trip to Branson over the summer and were so impressed with the park, we couldn’t fit everything into one article! Thanks for joining us on round two as we continue to explore the theme park set in the 1880’s, beginning with its headlining attraction!

New for 2018 is Time Traveler, a record-breaking launched coaster. Designed by German manufacturer Mack Rides and featuring a whopping price tag of $26 million dollars, it’s the first ride of its kind in the world. Guests are in for a surprise as the train immediately plunges out of the station one hundred feet straight down. Riders then navigate not one, but two launches and three inversions along Time Traveler’s 3,020 feet of twisted green track. While these stats might not sound too impressive, the ride is a record-breaker due to it being the world’s longest and only launched spinning coaster! Don’t let this fact scare you away; we absolutely loved it!

Silver Dollar City has some truly unique coasters, but that’s only a small portion of the rides they have scattered throughout the park. Families can enjoy the Magnificent Wave Carousel, swinging high in the sky on the Mighty Galleon ship, or take a wild spin on the Royal Carousel, swing high in the sky on the Mighty Galleon ship, or take a wild spin on the Royal Tea Party. A recent addition saw the opening of Fireman’s Landing, a family-friendly area featuring multiple rides and a giant firehouse. Inside kids will find obstacle courses, slides, and foam ball cannons where they can battle it out. Smaller tykes can join Lucky the Firedog on Lucky’s Dizzy Dogs and families love taking a spin on the Fire Wagon Frenzy. Adventurous firefighters can conquer the Firefall, an 80 foot tall launched drop tower. Nearby in Wilson’s Farm, guests can conquer the Giant Barn Swing as it swings back and forth seven stories in into the sky!

Hot days call for water rides, and the park has three fun choices to get you wet! American Plunge is a classic log flume that will get you completely soaked. Across the park in the Riverfront, Lost River of the Ozarks looks suspiciously like the Smoky Mountain River Rampage but has surprising new thrills. Tom and Huck’s River Blast is an extraordinary version of River Battle, one of our favorite Dollywood rides that we lost last season. Readers who remember the days when Dollywood was Silver Dollar City Tennessee will be thrilled to know that The Flooded Mine can still be found here!

As you explore the park be sure to keep your eyes open. There are so many quirky attractions to be found here! Grandfather’s Mansion is a walkthrough attraction that combines a funhouse with Wonderworks. Half Dollar Holler is a giant climbing structure for kids to burn off that extra energy. Stop by the McHaffie’s Homestead to interact with farm animals. There’s even a swinging bridge that takes you high into the trees! Even the ordinary-looking train ride has a twist as the peaceful ride is interrupted by train robbers!

Craftsmens shops and demonstrations are a big thing here. Woodcarvers, blacksmiths, and more can be found. Over one hundred craftsmen can be found across the park, preserving the traditions and art that have been part of the Ozark region for generations.

Shows and festivals have been a staple here from the beginning. In fact, the park promises that 2019 will be the best year for shows, labeling it as The Year of Shows and Festivals. Be sure to catch Roots and Koontz at the Silver Dollar Saloon. This classic is not to be missed and it promises to be even better in 2019 with an entirely new look. Springtime will see the debut of Festival of Wonder in April and then the debut of Bluegrass and BBQ throughout May.

Summer promises to be filled with fun as the Summer Concert Series kicks off. This popular event will see throwback concerts from the 60’s, 70’s, and 80’s. Kid Magic is a new show for next year featuring the skills of Kadan Bart Rockett and Brooklyn from America’s Got Talent. The park’s headlining show for next summer will be Reuben’s Swashbuckling Adventure, a wonderful stage show that promises to take families on a magical journey of discovery.

With the popularity of Dollywood’s Great Pumpkin Luminights, it only seemed to be a matter of time before the event made its way from the Smokies to the Ozarks. 2019 is the inaugural year for Pumpkin Nights at the park. It will be joining the Harvest Festival which has been a staple at the park for years. A new lumberjacks show will combine highly-stunting stunts with music set in the 1880s. This time also sees the Southern Gospel Picnic and Country Music Days where dozens of acts play throughout the park.

Silver Dollar City closes out the year with An Old Time Christmas, ranked by USA Today as one of America’s top 10 Christmas events. Come to see the Nightly Christmas Parade, over 6.5 million lights, and Broadway-style shows. If you were a fan of Disney’s Osborne Lights you’ll be excited to know that Silver Dollar City purchased the displays. You’ll find them at Christmas in Midtown! For a complete list of all the shows and festivals, be sure to visit www.silverdollarcity.com and click on the shows banner.

Of course, no visit to Silver Dollar City is complete without a trip into the cave that started it all. Located at the front of the park, guided tours are free with admission and depart hourly. In addition you may also take part in a guided lantern tour. While these do have a small charge, it gives visitors the chance to relive the early days in the 1890’s where the only light was that of a gas lamp. We highly recommend setting the time aside to visit Marvel Cave. It’s one of the most impressive caves we’ve toured. Be sure to get there early so you don’t miss it!
Friendly Farm began in 2012 on a leased farm. The owners originally just wanted to see if they would enjoy farm life, turns out they didn't like it. They loved it! When their lease was up they were blessed beyond belief in October of 2017 with the opportunity to purchase of a beautiful piece of property in Hancock county TN. They have now been on the farm for just under a year. A friend wanted to start a goat dairy and they thought he was crazy but were looking for a new adventure so they found a piece of property that was abandoned with a nice barn; leased it and bought a couple goats. As animal lovers, the family now has not only goats, but sheep, pigs, pot-belly pigs, chickens, ducks, turkeys, geese, bunnies, horses, and donkeys.

Their mission statement can pretty much be summed up by their tag line: Friendly Farm where farming meets FUN and learning! They love what they do and enjoy educating others. Friendly Farm is a place where families can come to learn about farm life including all the animals, interact with the goats, sheep, pigs, bunnies, ducks, turkeys and more. All while relaxing on their peaceful farm in the country and enjoying time unplugged. While on the farm ask the owners about all the great products produced on the working farm. Maybe even take home some farm fresh sausage, lamb, ham or goat milk soap and lotion from their Daisy Doe line of products. All of their products are also available on their website and facebook page.

In addition to their farmer duties they also hold events. Their favorite being their Fall Family Fun Fest starting in October. The farm will be open Thursdays, Fridays and Saturdays from October 4 till November 3 for guests to visit the farm, go on a hayride, take a walk through their pumpkin patch, enjoy the corn maze, hug a pig, feed a goat, hold a chicken, pet a bunny, and just have great family time outside unplugged. They also host field trips in an effort to help kids learn where their food comes from. As well as birthday parties, church picnics, corporate events, baby cuddling days, Breakfast with Santa, dinner with Santa, an Easter Egg hunt, and more. They also have a farm stay event where all you bring is your food and clothes.

Friendly Farm has overcome many challenges. Coming from a city background, learning the fine art of farming is a huge challenge, life is changing every day. Their company culture is simple, they are FRIENDLY farm. It is a family run business, one parent and three boys CJ age 18, John 14, and Hunter 10. For the most part they are the only employees.

The farm love’s to do as much as possible for the community including helping out charities. This fall, Friendly Farm has several days dedicated to charities. October 20th is Hope for Hancock day, $1 of each ticket sold goes to Hope for Hancock to help local people that are struggling with cancer. October 12th is scout day, any scout in uniform gets in free (limit 2 scouts per paid adult). The farm is also hosting a Buddy Walk day on October 13th for Downs syndrome awareness. Part of each admission ticket goes to Sara’s Buddy Walk team, advance tickets are available for purchase on their website. Any one with Downs Syndrome will have free admission on that day as well.

Visit Friendly Farm today at 1104 Rebel Hollow Road Tazewell, TN 37879. Also, for more information call 865-247-1874 or visit their website friendlyfarm4fun.com.
If you or your band are playing in the upcoming week and would like to be in The Spotlight, go online to: theloaferonline.com. Due to last minute cancellations or changes, please call the location to confirm.

## - TUESDAY - Oct. 30 -

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Downtown Country</td>
<td>Jiggy Rays in Elizabethton</td>
<td>6:30pm</td>
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<tr>
<td>Stemwinder Band</td>
<td>Rocks Wood Fired Pizza and Grill</td>
<td>6pm</td>
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## - WEDNESDAY - Oct. 31 -

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<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Open Mic Night - A Happy Halloween Edition</td>
<td>The Willow Tree Coffeehouse &amp; Music Room</td>
<td>7pm</td>
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<tr>
<td>H.B. Beverly</td>
<td>Rocks Wood Fired Pizza and Grill</td>
<td>6:30pm</td>
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<tr>
<td>Nerve Endings, Skeletonpecker, &amp; Yog Sothoth</td>
<td>The Hideaway</td>
<td>9pm</td>
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<tr>
<td>Rusty Steel</td>
<td>Wild Wing Cafe</td>
<td>8:30pm</td>
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<tr>
<td>Below 7</td>
<td>O'Mainnin's Pub</td>
<td>9:30pm</td>
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<tr>
<td>Open Bluegrass Jam</td>
<td>Gypsy Circus Cider Company</td>
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## - THURSDAY - Nov. 1 -

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<tr>
<th>Event</th>
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<tbody>
<tr>
<td>Redleg Husky Live</td>
<td>Yee-Haw Brewing Co</td>
<td>7pm</td>
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<tr>
<td>Open Mic/Songwriters Showcase</td>
<td>Bear's Bar</td>
<td>6pm</td>
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<tr>
<td>Jam w/ Marion Edwards</td>
<td>Wellington's Restaurant</td>
<td>8pm</td>
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<tr>
<td>Mark Larkins</td>
<td>Rocks Wood Fired Pizza and Grill</td>
<td>6:30pm</td>
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<tr>
<td>Pinky Doodle Poodle</td>
<td>The Hideaway</td>
<td>9pm</td>
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<tr>
<td>Trace Hoover of The Loose Leaves</td>
<td>High Voltage Kingsport</td>
<td>7pm</td>
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## - FRIDAY - Nov. 2 -

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<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>NewTown</td>
<td>The Down Home</td>
<td>8pm</td>
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<tr>
<td>SHAKE It</td>
<td>Woodstone Deli</td>
<td>8pm</td>
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<tr>
<td>Bristol TN CLF mini tour</td>
<td>Marshall Alexander Gutter Souls &amp; More</td>
<td>Maddie's Event Hall, VFW Post #6975</td>
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## - SATURDAY - Nov. 3 -

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>7 Mile Mushroom CD Release Party</td>
<td>The Willow Tree Coffeehouse and Music Room</td>
<td>9pm</td>
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<tr>
<td>JP Parsons</td>
<td>Quaker Steak &amp; Lube, Bristol</td>
<td>8pm</td>
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<tr>
<td>BIG Son</td>
<td>O'Mainnin's Pub</td>
<td>10pm</td>
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<tr>
<td>Nightshift Band</td>
<td>Lions Club, Chilhowie VA</td>
<td>10pm</td>
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<tr>
<td>Prince Tribute - Purple Masquerade</td>
<td>Wild Wing Cafe, JC</td>
<td>10pm</td>
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<tr>
<td>Common Bond</td>
<td>Boogie Mo's</td>
<td>9pm</td>
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<tr>
<td>Saul Brooks Band</td>
<td>Holston River Brewing Co</td>
<td>9pm</td>
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<tr>
<td>Rusty Steel w/Quarter Bounce</td>
<td>Fraternal Order of Eagles 3141</td>
<td>8pm</td>
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<tr>
<td>Jared Hard Live</td>
<td>Gypsy Circus Cider Co</td>
<td>6:30pm</td>
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<tr>
<td>Borderline</td>
<td>CJ's Sports Bar</td>
<td>9pm</td>
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<tr>
<td>Cleve Edwards Live</td>
<td>Jiggy Ray's</td>
<td>7pm</td>
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<tr>
<td>Kaitlyn Baker</td>
<td>Capone's</td>
<td>10pm</td>
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<tr>
<td>Verlon Thompson &amp; Shawn Camp: A Tribute to Guy Clark</td>
<td>The Down Home</td>
<td>8pm</td>
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<tr>
<td>Bill Edwards</td>
<td>Quaker Steak &amp; Lube, Bristol</td>
<td>8pm</td>
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<tr>
<td>Loose Leaves / Trey Epling / Dallas Danger</td>
<td>Bloom Cafe &amp; Listening Room</td>
<td>8pm</td>
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<tr>
<td>Something Different Tour in 3D</td>
<td>The Paramount Center for the Arts</td>
<td>7pm</td>
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<tr>
<td>Southern Accent Band</td>
<td>Sportsman Pub</td>
<td>8pm</td>
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<tr>
<td>Hip Gypsy</td>
<td>Patton-Crosswhite VFW Post</td>
<td>9pm</td>
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<tr>
<td>Monster Atlantic</td>
<td>The Willow Tree Coffeehouse and Music Room</td>
<td>8pm</td>
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<tr>
<td>The Kindest People w/Crumbsnatchers &amp; Gipsy Danger</td>
<td>Capone's</td>
<td>10pm</td>
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<tr>
<td>Dance Party with DJ Anna from Phantom Entertainment</td>
<td>High Voltage Kingsport</td>
<td>7pm</td>
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<tr>
<td>The Southern Countrymen</td>
<td>Buffalo Ruritan</td>
<td>7pm</td>
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## - SUNDAY - Nov. 4 -

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Nightshift Band</td>
<td>Johnson City Moose Lodge</td>
<td>8pm</td>
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<tr>
<td>Corklickers Play the Station!</td>
<td>The Station at 19-E</td>
<td>8pm</td>
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<tr>
<td>Beth Snapp</td>
<td>Model City Tap House</td>
<td>8pm</td>
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<tr>
<td>Jackdaw's 7 LIVE</td>
<td>Gypsy Circus Cider Co</td>
<td>7pm</td>
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<tr>
<td>Stonecreek Four Band</td>
<td>Fraternal Order of Eagles 3141</td>
<td>8pm</td>
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<tr>
<td>Evening with John Anderson Acoustic with Elvie Shane</td>
<td>The Paramount Center for the Arts</td>
<td>7pm</td>
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<tr>
<td>Lazer Lloyd</td>
<td>The Down Home</td>
<td>7pm</td>
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<tr>
<td>Songfest 2018 A Benefit for Family Promise</td>
<td>University Parkway Baptist Church, JC</td>
<td>3pm</td>
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</tbody>
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## - FRIDAY - Nov. 2 -

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>NewTown</td>
<td>The Down Home</td>
<td>8pm</td>
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<tr>
<td>SHAKE It</td>
<td>Woodstone Deli</td>
<td>8pm</td>
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<tr>
<td>Bristol TN CLF mini tour Marshall Alexander Gutter Souls &amp; More</td>
<td>Maddie's Event Hall, VFW Post #6975</td>
<td>8pm</td>
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</tbody>
</table>
Karaokе

**TUESDAY**
Karaoke w/ Crossroads & Josh Blevins at Dawg House Tavern
Karaoke at Zachary's Steakhouse
Family Night Karaoke at CJ's Sports Bar - Kingsport
Karaoke at Numan's - Johnson City
Karaoke w/ Absolute Entertainment at Woodstone Deli - Kingsport

**WEDNESDAY**
Karaoke w/ Southern Sounds Karaoke at American Legion 8pm
Karaoke at C.J.'s Sports Bar
Turn the Page Karaoke at VFW Post 2108 – Johnson City

**THURSDAY**
Karaoke w/ Absolute Entertainment at Macado's – Kingsport
Karaoke at Zachary's Steakhouse
Michael's Krazy Karaoke at Stateline Bar & Grill
Karaoke at C.J.'s Sports Bar
Karaoke w/ DJ Marquez Top Shelf Entertainment at Wild Wings Café JC
Karaoke at Numan's - Johnson City
Karaoke w/ Absolute Entertainment at Macado's Kingsport and New Beginnings
Karaoke at Jiggy Rays Pizzeria
Karaoke at Wild Wing Cafe Johnson City

**FRIDAY**
Karaoke w/ Southern Sounds Karaoke at Sportsman's Bar & Grill 9pm
Karaoke w/ Shane Rouse at Bear's Bar
Karaoke at Kingsport Moose Lodge
Karaoke w/ Reverb Karaoke at The Cottage 8:30pm
Turn the Page Karaoke at VFW Post 2108 – Johnson City
Karaoke w/ Absolute Entertainment at Woodstone Deli - Kingsport
Karaoke w/ Toddzilla at Sportsman's Pub
Karaoke at Elizabethton VFW
Karaoke w/ DJ Marquez & Top Shelf Entertainment at Holiday Inn (Exit 7) – Bristol, VA
Karaoke at Numan's – Johnson City

**SATURDAY**
Karaoke w/ Toddzilla at Sportsman's Pub
Karaoke at Kingsport Moose Lodge
Turn the Page Karaoke at VFW Post 2108 – Johnson City
Karaoke w/ Absolute Entertainment at Macado's – Kingsport
Karaoke at Numan's – Johnson City
Karaoke w/ Tony & Rod at CJ's Sports Bar
College Football SATURDAYS w/ DJ Paul Gallo AND Post Game Karaoke!

**SUNDAY**
Karaoke w/ Absolute Entertainment at Woodstone Deli - Kingsport
It’s often been said, don’t meet your heroes.

I’ve broken that rule and held onto it tight as can be on various occasions. Sorry and sacred I’ve been on some nights. I’ve met heroes, said my peace on their influence and other times just held the handshake and no words were shared, just vibration. The topic of heroes is a tough one and one that I could say so much about. We’ve seen so many pass on, leaving their words and music like headlights on a lighthouse for us in this often dark time. As fans, musicians, lovers of music; we are often held on a string by the melody, captured by the rhythm, and the artists become our guidance and our leading support. Leaving them a distinct honor of helping us or sharing their talents for a time. That’s our moment and we are fortunate.

My mind was led down this path of hero interaction and unfortunate passing by a simple, yet scathing, record review. A young group, who tried very hard to navigate an incredibly difficult industry and deliver a record that they were proud of, and still be true to themselves and their artistic visions. Work hard, perfect your craft, create a new piece of art, fall in love with it, deliver it to the label, they love it, they release it, then people review it.

Then someone reviews it.

Do reviews really declare worth? It’s just an opinion, right? Does it help or hurt the career? Could it? Does it matter?

This review was a disaster. A major online site destroyed this album.

But it’s just a review, right?

I quickly moved my thoughts past what the reviewer was saying and onto what the band felt. Past the fans’ soon to be opinions and into the feelings of the members that worked so hard to birth these songs, only to have a reviewer bully their art.

It’s just one opinion, right?

My thoughts are simple. Reviews are a necessary evil probably. Useful for fans and listeners to give an overview or put it in some basket for placement or reference but how do the artists or songwriters feel? I get it, toughen up, take it on the chin, et al, but what if the review is ultimately hurtful? This particular review was. Does it damage the journey? Could it shatter all dreams and aspirations of their original plan? That seems like a dangerously strong and powerful responsibility, for either good or bad.

I’m sure there’s as many good as there are bad reviews, but my open heart fears the bad ones can alter the number of musicians creating music and that is a true fear. It’s certainly acceptable to review a musician or a new release but is it possible to say the descriptive qualities, whether good or bad, in a supportive and encouraging way?

Why aren’t more reviews leading with the positive tone? Speaking of the really great talent or artistry and creativity, why so harsh and destructive? Sure, maybe there are some bad things about the artists or the music, but is it so terrible that it overshadows the good or positive qualities? I just can’t believe it does. Further, I think it’s just shock value on some level and not even really about the music. I feel to further the stack of musicians that create, we have to nurture their craft. Encourage them with our words and especially in our physical presence. Ratings and reviews are necessary I suppose on some levels but we can speak them with more kindness hopefully.

If we throw so much negative vibration, it will limit us I’m certain. Thus, less heroes eventually.

Then our problem becomes not our fear of meeting heroes or our heroes passing but that they aren’t being replaced.

That responsibility falls on us.

Be kind.
Buy more music.
See more shows.
Aunt B’s American Kitchen was established in September 2018 with the idea of creating a home-cooking style restaurant to serve the areas of Johnson City and Elizabethton. Because the Milligan area had been neglected for so long the owners of Aunt B’s saw an opportunity to revitalize the area by providing local patrons and Milligan College students an alternative to tired chain restaurants.

Providing great food created with only freshest ingredients and served in a family setting, their breakfast offerings feature traditional fare such as omelettes, biscuits, pancakes, and more, while their lunch and dinner menus offer appetizers, soups, salads, sandwiches, and burgers. The popular $5.00 Blue Collar Lunch section offers several great low cost selections that are sure to put a smile on your face! What sets Aunt B’s American Kitchen apart are their signature burgers such as "The Green Mile" - a delicious hamburger featuring a fried green tomato topped with house made pimento cheese, and the Impossible Burger™ - The famous vegan patty you have heard about in the news which so closely resembles real meat that even dedicated carnivores have been surprised.

The majority of dishes created at Aunt B’s include locally sourced ingredients. Buying locally ensures the highest quality of ingredients as well as helps bring prosperity to the region. Additionally, Aunt B’s is actively involved in coordinating community events and supporting several worthwhile local organizations.

If you crave a home cooked meal like your Grandma used make why not visit Aunt B’s American Kitchen located at 1436 Milligan Hwy in Johnson City, TN 37601. Open Mondays through Saturdays.
**THINGS TO DO**

**Tuesday- October 30th**
- Bingo - Tipton St. Pub 9pm
- Trunk Or Treat - JJ's Vendor Mall 6pm
- Trunk Or Treat - Bill Gatton Nissan 5pm
- F3 Free Men's Bootcamp - Founders Park 5:30am
- Great Expectations - Barter Theatre 2pm
- SINGO - Barley Waters 7pm
- Texas Hold 'Em - CJ's Sports Bar 7pm
- FiA Free Women's Fitness Tues. Evenings - Founders Park Field Side 7pm
- Barter Theatre's House of Carnage - 1315 Euclid Ave, Bristol, VA 7pm
- Singin' In The Rain - Barter Theatre 7:30pm
- Ocean Quest Spook Fest - Ocean Quest Mini Golf and Driving Range 4pm

**Wednesday- October 31st**
- Trunk n Treat - Spiritual Awakenings 6pm
- Dungeons & Dragons - Johnson City Brewing Co. 6pm
- Haunted Carnival and Food Drive - YMCA of Bristol 4pm
- FiA Free Women's Fitness Wednesdays - Founders Park 5:30am
- Elizabethton Downtown Trick & Treat 3pm
- Foosball - Capone's 5pm
- Trick or Treating inside The Mall at Johnson City 6pm
- Downtown Erwin Fall Festival 6pm
- Trunk Or Treat - Boones Creek Christian Church 6pm

**Thursday- November 1st**
- Bottoms Up Yoga & Beer - JRH Brewing 6:30pm
- Barter Theatre's House of Carnage - 1315 Euclid Ave, Bristol, VA 7pm
- The Funhouse Haunted Attraction 2018 - The Funhouse Haunted Attraction 8pm
- Foosball - Capone's 8pm
- TRUCK OR TREAT - Tri-Cities Chrysler Dodge Jeep Ram 5pm

**Thursday- November 2nd**
- F3 free men's bootcamp - Founders Park 5:30am
- Singin' In The Rain - Barter Theatre 2pm
- FiA Free Women's Fitness Thur. Evenings - Founders Park Field Side 7pm
- Barter Theatre's House of Carnage - 1315 Euclid Ave, Bristol, VA 7pm
- Great Expectations - Barter Theatre 7:30pm
- The Wild Women of Winedale - Jonesborough Repertory Theatre 7:30pm

**Saturday- November 3rd**
- 3rd Annual Christmas Vendor Show - Holiday Inn Bristol Conference Ctr 10am
- Gatsby Gala - The Bristol Hotel 6pm
- F3 free men's bootcamp - Founders Park 6am
- FiA Free Women's Fitness Saturdays - Founders Park 7:15am
- Great Expectations - Barter Theatre 2pm
- 13th Annual CASA Red Shoe Masquerade -the Venue located on the 2nd Floor of the King's Centre 5:30pm
- Broga: Yoga for Dudes - Vida Hot Yoga 5:30pm
- Barter Theatre's House of Carnage - 1315 Euclid Ave, Bristol, VA 6pm
- Holmes Sweet Homicide - Blue Moon Theatre Company 8pm
- Singin' In The Rain - Barter Theatre 8pm
- The Wild Women of Winedale - Jonesborough Repertory Theatre 2pm & 7:30pm

**Sunday- November 4th**
- Singin' In The Rain - Barter Theatre 3pm
- The Wild Women of Winedale - Jonesborough Repertory Theatre 2pm & 7:30pm
- Holly Jolly Market- Model City Event Center 1pm
- Gun Show - MeadowView Conference Resort & Convention Center 9am

**Monday - November 5th**
- FiA Free Women's Fitness Mondays - Founders Park 5:30am
- F3 Free Men's Run Group - Science Hill Track 5:30am

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**Cryptogram:** "Man only plays when in the full meaning of the word he is a man, and he is only completely a man when he plays."

**DropQuote:** "It as not that she was out of temper, but that the world was not equal to the demands of her fine organism."
I'm glad the new movie "Halloween" has that title and not "Halloween 2", "Halloween Returns", or "Halloween Strikes Back." The simple title hearkens back to the 1978 original film of the same name, which is even better since this is a direct sequel. It's also great all the other less-than stellar sequels have been forgotten in the new "Halloween" film timeline. The 1978 original was groundbreaking in many ways, and director John Carpenter not only brought us thrills and chills, but Jamie Lee Curtis in her film debut as Laurie Strode. The original film introduced us to Michael Myers, a coldblooded serial killer who was responsible for the death of the sister when he was only 6 years-old. Michael was locked away in a sanitarium, but escapes fifteen years later, where he stalks and kills people in the fictional town of Haddonfield, Illinois. Michael stalks babysitters on Halloween night and has Laurie Strode (Curtis) in his sights, but she manages to survive the harrowing night. The new film picks up 40 years after the original film as we see the effects the attacks have had on the life of Laurie and her family. Laurie has basically been living in a fortress of a house as she has been preparing for a showdown with Michael for years. Over the years Laurie taught her daughter Karen (Judy Greer) survival techniques to the point it caused her to lose custody. Laurie has been dealing with post-traumatic stress for forty years, but that fact has not stopped her from preparing for the eventual showdown with Michael. During the early part of the film Michael is about to be transported from the sanitarium to a maximum security prison, but you know he will find a way to escape during the bus trip. The bus crashes on the way to the prison, and no sooner can you scream for help, Michael is on the loose and headed back to Haddonfield, but not before he retrieves his infamous mask from two unfortunate British reporters who are doing a podcast on the story of Laurie and Michael. When local authorities learn of Michael's escape, they seem concerned but not overly so, as one of them says, "what are we going to do, call off Halloween?" They should have, as a human version of the shark from "Jaws" is headed their way. Soon Michael is among the trick or treating kids of Haddonfield, and attacks a few local citizens along the way, but is really searching for Laurie. Meanwhile, Laurie has gathered her family in her remote fortress home, minus her granddaughter Allyson (Anid Matichak), who has left her school dance, only to come in direct contact with Michael. Eventually Laurie, her daughter and granddaughter are together as they battle the monstrous Michael in a frightening showdown. The film is directed by David Gordon Green ("Undertow"), who impressively follows the footsteps of Carpenter with aplomb, and keeps the tension high. I for one, kept squirming in my seat, which is a good sign for a film in this genre. The cinematography was effectively creepy, and the film has plenty of "jump" worthy moments. Curtis was wonderful in the role, as were her co-stars. The one exception would be Greer as Laurie's daughter, who has a totally annoying voice, filled with shrills and high pitches. Other than her less-than-pleasant voice, she was also a good match for Curtis. I also loved how the three women teamed up against the evil Michael and bring about his *spoiler* downfall. Despite a few scenes needing better editing, the new "Halloween" is a creepy treat for Halloween movie viewing and proves to be the sequel the original film deserves. (Rated R)
Village of The Damned

I wonder what was going on in the media zeitgeist in the early 1960s where two prominent works of media focused on creepy children with terrifying powers. In December 1960 MGM released “Village of the Damned” a big screen adaptation of the 1957 John Wyndham novel “The Midwich Cuckoos.” Then in 1961, Rod Serling’s seminal TV series “The Twilight Zone” aired an episode in November that year called “It’s a Good Life.” About a small town terrorized by a young boy who has powers over, well, everything.

“Village of the Damned”—starring beloved British character actor and leading man George Sanders, along with Barbara Shelly—was a sleeper hit for MGM on both sides of the pond, with Barbara Shelly—was a sleeper hit for MGM on both sides of the pond, with Barbara Shelly being a full production of MGM’s British studios, audiences and critics both reacted positively to the film. The image of the children using their powers is one that has entered into the pop culture lexicon, and the film itself was remade by John Carpenter in 1995.

One morning the people of the British village of Midwich suddenly fall unconscious—something that is confined inside the borders of the town. Those crossing from the outside into the town suddenly drop as well. Nothing mechanical is affected—pipework, electronics, they all still function. Yet, all the living inhabitants—including animals—are out for hours. The military comes to see what is going on. There’s no trace of gas, or radiation, or of any other kind of cause for an entire town to suddenly be knocked cold for hours.

A couple of months later all the women of childbearing age in the village discover that they are pregnant. This leads to massive gossip and suggestions of infidelity and what not around the sleepy town. When the children are born months later—all on the same day—they all share eerie similarities. All the children have odd eyes, narrow fingernails, and platinum hair. They also are able to develop at a rapid rate, far faster than most children their age.

As the children grow they all appear to share a hive mind, being able to communicate telepathically with one another. Professor Zellaby (Sanders), whose wife (Shelly) was one of the women to birth a child, meets with British Intelligence who informs him that there have been similar incidents of children like the ones in Midwich born across the world. Zellaby begins to act as a teacher for the children, who are feared by most of the villagers.

To go any further into the story would be to go into the world of spoilers for those of you who have never seen “Village of the Damned.” Over fifty years later “Village of the Damned” still holds up as an effective little chiller. Packed in at a brisk 77 minute running time, the film does not feel padded in any way. Every ounce of the story is effectively told in a well-constructed film. For a sci-fi themed chiller, there’s only one visual effect in the film—and it’s a dandy! That would be the eerie glow that emits from the children’s eyes when they begin to use their powers.

Under Wolf Rilla’s direction, “Village of the Damned” is a true class in effective filmmaking, without having to restore to over the top tricks (not that I mind that, mind you, I just enjoy these sort of British ’60s scare films that use brain over jumps—“The Innocents” comes to mind as another example). Sanders is great as both a man of science wanting to understand the children and their motives, plus as a concerted villager weary of their powers as well.

“Village of The Damned” is one of those movies that pings a memory in my brain to life in vivid detail. It was a New Years Eve of my early 20s and I was quite miserable over the lack of a date for the night. My folks had plans, my friends had plans, I had no plans. Being still in my early 20s I put way too many bagel bites into the oven and flipped the TV onto Turner Classic Movies. The late and much missed Robert Osborne, clad every so dapper in a tux, introduced a night of British sci-fi thrillers—the first of which was “Village of the Damned.” It was the first time I ever saw the film, and I had a really fun night watching movies and eating pizza on a bagel.

Warner Archive has put together a great blu-ray for the beloved thriller, combined with a stunning image, clear audio, and an informative audio commentary, “Village of the Damned” is a great hit on blu-ray! This one comes recommended, with Halloween this week, I hope you’ll take time to check this one out. See you next week.

Batteries Not Included
By Andy Ross
aross@theloaferonline.com
Each year thousands flock to Jonesborough to browse through the various vendors’ booths, explore hundreds of skillfully handcrafted items and enjoy this one-of-a-kind craft show. Now in its 37th year, Made Around Here Market has grown to be a tradition for many in creating a unique shopping experience.

At Made Around Here Market, you’ll discover pieces from local and regional artisans and crafters, as well as residents from surrounding states. All items are handmade, some examples include, pottery, paintings and varied mediums, photographs, screen-printed items, seasonal décor, holiday gifts, leather items, woodcarvings, and others.

Made Around Here Market will be held on November 9 and 10 from 10 a.m. until 5 p.m. inside the Historic Jonesborough Visitors Center, as well as an additional marketplace located outside in the main parking lot area.

Admission is free but donations will be accepted for Jonesborough’s free children’s event in December, At Home With Santa.

For more information visit Historic Jonesborough on Facebook or call (423) 753-1010.
CAR SHOWS
Fridays            Krystal’s Johnson City
Saturdays    Carter County Car Club Downtown Elizabethton

RUNS & RIDES
November 3:  The S’mores Run on The Tweetsie Trail 4pm
November 3:  Roan Mtn 10k at Roan Mountain State Park 11am

Jonesborough Senior Center wins First Place at State Brain Games Competition

With one point between first and second place, Jonesborough Senior Center’s team “The Olde Towners” was announced the winner for a third year in a row at the 2018 Tennessee Senior Brain Games State Championships. The competition, now in its sixth year, was held on October 17th at the McKinney Center in Jonesborough. Jonesborough Senior Center’s team “The Olde Towners” won two years in a row (2016 and 2017 champions) and was granted the privilege of hosting the Brain Games in Jonesborough this year. Jonesborough, representing Northeast Tennessee, had challengers representing West Tennessee (Chester County “Challengers”), Middle Tennessee (Smith County “Whipper Snappers”) and East Tennessee (South Knoxville Senior Center “SoKno Skolerz”). The jeopardy-style competition is four rounds of five questions with the last round being double the points, with questions ranging from history and sports to politics and math. After winning three times in a row “The Olde Towners” team gets to keep the trophy permanently, and the competition will start over in Nashville, Tennessee.

Bristol author Joe Tennis is signing copies of his latest book called "Swamped!" at the Johnson City Barnes & Noble Booksellers, 3030 Franklin Terrace, on Nov. 7, 4-7 p.m.

“Swamped!” (Little Creek Books, 2018, $10.95) follows four teenagers from the suburbs into a saltwater swamp loaded with marsh grass, fiddler crabs, thorns, thickets – and at least one snake, said Tennis, 49, of Bristol, Virginia.

The outspoken teens of this novel are forced to find their way home after breaking an oar on their rowboat, but they constantly get sidetracked in conversations that range from politics and religion to love, cigarettes and the philosophies of Henry David Thoreau.

“This is a young adult book and a comedic coming-of-age story, loaded with dialogue,” said Tennis, a contributing editor for Blue Ridge Country magazine.

Tennis is also signing copies of his most recent ghost tale collection, “Haunted Highlands: Ghosts & Legends of North Carolina, Tennessee and Virginia” (Backyard Books, 2016, $6.99), which features stories of East Tennessee State University, Rotherwood Mansion in Kingsport, Roan Mountain, Tusculum and the Paramount Theatre of Bristol.

The author’s other books include “Sullivan County, Tennessee: Images of America” and “Haunts of Virginia’s Ridge Highlands.”

For more, call 423-952-5577.

Author Joe Tennis holding book signing on Nov. 7 at Johnson City Barnes and Noble

Jrane
SUDOKU

DROP QUOTE

CRYPTOGRAM

MLF CYVM VITIWF HYKMPYTFPQFV IPF MLYVF IGYDM CIMMFPV IV MY
BLQHL MLFPF QV KY WYYX FTQXFKHF FQMLFP BIA.
The Elizabethton/Carter County Animal Shelter is a Government operated Animal "Adoption Shelter." We only accept and adopt out domestic cats and dogs from Carter County. We do not accept Feral animals nor wildlife nor farm animals and we do not provide veterinary or euthanasia services to the public. We are a very small shelter and do not kill animals to make space to take in more animals. Just like a hospital, nursing home or human shelter, when we are full we are full. We do have a waiting list and, as we adopt pets out and have room, we will accept new animals.
The inaugural Shop With a Cop Superhero 5K and Family Fun Run is set for Nov. 10, and this event is not to be missed by big or little caped crusaders! Your mission: to save the day for children in need. All proceeds from the race will go toward the Johnson City Police Department’s Shop With a Cop event, set for Dec. 13. Area children, selected from the Johnson City School System, are treated to dinner before a Police escort takes them to Walmart for a shopping spree. Each child’s family receives a food box, and if there are siblings in the home, they receive gifts as well.

“Spending time with these kids and being a small part of helping them to enjoy Christmas is the best feeling in the world,” said Officer Brittney Eberhardt. “They are so sweet. They can buy anything they want on the shopping spree, and most all of them end up buying presents for their family. We had the privilege of helping 61 children last year, and this year we hope to increase that to 70.”

Register today to take part in this super fun, superhero-themed event. The whole family is invited to join in fighting villains along the route, in their pursuit of justice and Christmas cheer.

“It’s going to be unlike any other 5K in our area, and the kids will love it,” said Eberhardt. “And of course there’s the added bonus of knowing your registration fee is helping a local child.”

Registration for the Shop With a Cop 5K and Family Fun Run is now underway at http://thegoosechase.org/shop-with-a-cop-5k/. Participants may register for the 5K event or the 1-mile Family Fun Run. Online registration will close at 9 p.m. on Thursday, Nov. 8. Early registrants (by Oct. 26) are guaranteed a T-shirt. Early registration for each event is $25 per entrant and $15 for participants 10 and under. Late registration (Nov. 9) is $30 per entrant and $20 for participants 10 and under.

Packet pick-up will be held on Saturday, Nov. 10, 7:30-8:30 a.m. near the start/finish line located on East Tennessee State University’s campus near The Quad, which is outside of Brooks Gym.

Event management for the inaugural Shop With a Cop Superhero 5K and Family Fun Run is provided by The Goose Chase.

Free Screenings of 'Rumble: The Indians Who Rocked the World'

RUMBLE: The Indians Who Rocked the World is an electrifying look at the Native American influence in popular music — despite attempts to ban, censor and erase Indian culture. The film reveals how early pioneers of the blues and jazz had Native American roots, and as the folk-rock era took hold in the ’60s and ’70s, Native Americans such as Peter La Farge and Buffy Sainte-Marie helped to define its evolution, while Native guitarists and drummers such as Link Wray, Jimi Hendrix, Jesse Ed Davis, and many more forever changed the trajectory of rock and roll.

Rumble Trailer: https://youtu.be/KCzVyCERhP4
Ride With MarQ’s Tour of Solar System Spacecraft

The autumn nights have Red Mars and yellow Saturn shining bright in the southern skies on each side of the setting Milky Way. As you look up, just imagine these worlds in a new perspective through the eyes of the man-made spacecraft orbiting them.

Strap into my virtual rocket, Starship Q, and get a look at the active earthly robots in our Solar System. These are just a sample, as new unmanned spacecrafts are headed to Mars, Mercury and the Sun! Ready for blast off? Let’s go!

First stop…MARS:
Six orbiters and two rovers are currently active at the Red Planet. The incredible 14-year mission of golf cart-sized rover Opportunity is in jeopardy as a four-month, global dust storm shut down the power supply—its solar panels. Opportunity went into a safe mode, but now that the dust storm has cleared, it still won’t phone home. If the predicted Martian winds of November don’t clean off the solar panels, Opportunity, guaranteed to succumb after 8 years to power failure in 2012. Planetary scientists at the Jet Propulsion Lab in Pasadena, California, have their fingers crossed.

Other active spacecraft orbiting or on the surface of Mars includes the oldest active since 2001, Mars Odyssey. A tribute to the classic novel and film, NASA’s Odyssey is continuing its extended mission to map the surface of Mars and also acts as a relay for the Curiosity and Opportunity rovers.

Europe’s Mars Express arrived in December 2003 to study the planet’s atmosphere and geology, and search for sub-surface water. Mangalyaan is the first Indian interplanetary space probe. It was successfully inserted into orbit of Mars on 24 September 2014.

Mars Reconnaissance Orbiter is the second NASA satellite orbiting Mars. It is specifically designed to analyze the landforms, stratigraphy, minerals, and ice of the red planet. It has been orbiting since March 2006. The Curiosity rover, the size of an SUV car, landed on Mars in August 2012. It is searching for evidence of organic material on Mars, monitoring methane levels in the atmosphere, and engaging in exploration of the landing site at Gale Crater.

Another NASA orbiter since September 2014 is called MAVEN — Mars Atmosphere and Volatile Evolution. European Space Agency also has an orbiter analyzing the ancient and very thin atmosphere of Mars, Trace Gas Orbiter (ExoMars 2016), which arrived safely at Mars in November 2016. Both probes have detected the traces of a more robust atmosphere like Earth’s today, but existing on Mars 2 billion years ago.

Next stop on “Rocket Q”…the KUIPER BELT:
NASA’s New Horizons spacecraft has made its first detection of its next flyby target, the Kuiper Belt object nicknamed Ultima Thule, less than 20 miles wide and four billion miles away for its New Year’s 2019 close encounter shortly after midnight. Mission team members were thrilled that New Horizons’ telescopic camera was able to see the 19-mile-diameter object while still more than 100 million miles away. The Ultima flyby will be the first-ever close-up exploration of a small Kuiper Belt object and the farthest exploration of any planetary body in history, shattering the record New Horizons itself set at Pluto in July 2015 by about 1 billion miles.

Thule was a mythical, far-northern island in medieval literature and cartography. Ultima Thule means “beyond Thule”— beyond the borders of the known world—symbolizing the exploration of the distant Kuiper Belt and Kuiper Belt objects that New Horizons is performing, something never done.

Onward to…JUPITER:
NASA’s Juno has been in a polar orbit of the giant planet Jupiter since July 2016. Now in its 17th looping orbit that goes from 1.5 million miles to just 10,000 miles from the incredible cloud tops, astronomers are seeing Jupiter in a different way than the Galileo orbiter in the 1990s. After completing its mission in a few years, Juno will be intentionally deorbited into Jupiter's atmosphere.

Last Stop…ASTEROIDS AND COMETS:
Dawn is a space probe launched by NASA in September 2007 and has orbited two protoplanets of the asteroid belt, Vesta and Ceres. It is currently in orbit about its second target, the dwarf planet Ceres. Dawn is the first spacecraft to orbit two extraterrestrial bodies, orbiting Vesta in July 2011 for 14 months, then flying for two years to rendezvous and orbit dwarf planet Ceres in March 2015. With its hydrazine fuel running out, Dawn will become unstable to continue photography and science. So it is making its final orbits of Ceres just 22 miles above its surface.

A spaceship called Hayabusa2 is an asteroid sample-return mission operated by the Japanese space agency, JAXA, and targeting asteroid 162173 Ryuga. A mile long, Ryuga is a primitive carbonaceous, near-Earth asteroid predicted to preserve the most pristine materials in the Solar System, a mixture of minerals, ice, and organic compounds. So far two miniature landers the size of Roomba floor cleaner have been hopping around Ryuga as Hayabusa2 lowers its orbit to blast comet fragments in a cone trap for return to Earth in 2020.

And back at HOME:
The truly amazing Internet can take you to the latest images and discoveries. You know what to do: Google, Firefox, Chrome, Siri or Alexia and you’ll be seeing the same imagery the planetary scientist are working with. You’ll soon realize that real science is cooler than anything you can make up!
Theatre Bristol Presents
"Fiddler on the Roof" for the Holidays

Bristol, Tennessee/Virginia, October 2018 – It’s tradition! Theatre Bristol presents Fiddler on the Roof directed by Glenn Patterson at the Paramount Center for the Arts November 9-18. The award-winning, long-running Broadway musical is on stage this fall for the holidays for a wonderful family experience!

Fiddler on the Roof features iconic and beloved songs such as "Sunrise, Sunset," "If I Were a Rich Man" and "Matchmaker, Matchmaker." Fiddler on the Roof’s music and messages transcend time and culture. "Set in the little village of Anatevka, the story centers on Tevye, a poor milkman, and his five daughters. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill them with traditional values in the face of changing social mores and the growing anti-Semitism of Czarist Russia. Rich in historical and ethnic detail, Fiddler on the Roof’s universal theme of tradition cuts across barriers of race, class, nationality and religion, leaving audiences crying tears of laughter, joy and sadness.” (MTIshows).

Directing Fiddler on the Roof will be highly respected and talented actor/director, Theatre Bristol veteran Glenn Patterson (Disney’s Beauty and the Beast, The Music Man, Les Misérables, Scrooge! The Musical, Joseph and the Amazing Technicolor Dreamcoat, Miracle on 34th Street).

In the lead role of Tevye is Bob Cantler, last seen at Theatre Bristol in leading roles in The Music Man and Les Misérables. He is joined by Leticia Peltzer as wife Golde, and daughters Camille Gray as Tzeitel, Asiling Ringrose as Hodel, Enelisa Sutton as Chava, Raina Moody as Shprintze, and Marley Bishop as Bielke. The daughters’ love interests are played by Will Oliver as Motel, Joey Collard as Perchik, and Austin Puckett as Fyedka.

Dottie Havlik plays matchmaker Yente. CC Clevenger is Lazar Wolf and Elizabeth Burns is his late wife Fruma-Sarah. The cast includes Daniel Tester as the Rabbi, James Francis as the Constable, Amy Reid as Grandma Tzeitel, Robert McCrary as Mordcha, Dan Gray as Avram, Steve Baskett as Nachum, and Renee Hickman as Shendl.


Patterson is supported by stage manager Nicole Intagliata, assistant director Cindi Brooks, choreographer Camille Gray, costumers Daniel Tester and Paul Pratt, lighting designer Ken Cornett, and crew David Maloney, Temmy Roberts, Terra White, Tara Tolbert, Beverly Moody, Ann Vance, Cameron Roberts, Leticia Peltzer, Steve Baskett, Steve Davis, Luke Gray, Albert Tester, Seth Gilstrap, Matthew Maloney, Andrew Hunt, Maliah Tilley, Sarah Tilley, Tanner Clark, Shane Webb, April Parker, and Abigail Combs.

Fiddler on the Roof opens November 9, and runs for two weekends at the Paramount Center for the Arts, 518 State Street, Bristol, TN, Fridays at 7:30 pm, Saturdays at 7:30 pm, and Sundays at 2:30 pm, closing on November 18. Tickets are $16 for adults plus fees ($20 total) and $12 for seniors and students plus fees ($15.75 total), and go on sale September 14 at www.ParamountBristol.org.

Winner of nine Tony Awards when it debuted in 1964, Fiddler on the Roof is by Broadway legends, Jerome Robbins and Harold Prince; songwriters, Jerry Bock and Sheldon Harnick; and bookwriter, Joseph Stein. Fiddler on the Roof is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI (www.MTIShows.com).

Theatre Bristol is pleased to present Fiddler on the Roof as part of its family-friendly 53rd season of ARTspace and Paramount shows, including Lessons from Shakespeare: How to Avoid a Personal Tragedy with River’sWay; Alexander and the Terrible, Horrible, No Good, Very Bad Day; Chitty Chitty Bang Bang; Tartuffe; Pinocchio; and The Best Christmas Pageant Ever.

Founded in 1965, Theatre Bristol is the oldest continually running children’s theatre in northeast Tennessee. Its season consists of up to seven productions, as well as a children’s camp, and other events. Theatre Bristol performances take place in downtown Bristol at the ARTspace, a multi-purpose, black box theatre which seats up to 120, or the Paramount Center for the Arts. Theatre Bristol is volunteer run and we invite you to get involved.

For more information, visit Theatre Bristol’s website or Facebook page, contact Theatre Bristol at 423-212-3625, or email info@theatrebristol.org.
“Contra Dance 101” A Workshop for Beginners and Contra Dance to follow!

The Historic Jonesborough Dance Society will offer a FREE two-hour comprehensive workshop for people interested in learning how to contra dance. This event will be held on Saturday, November 3, 2018 at the Jonesborough Visitors Center, 117 Boone Street, from 4:00pm-6:00pm.

Leading the workshop will be Warren Doyle from Mountain City, TN. Warren has over 40 years of experience as an educator, contra dancer, dance instructor/caller and dance event organizer.

To help maintain, and improve, the overall dancing level in Jonesborough and in the region by discussing, and demonstrating:

a) Importance of listening, timing and grace (gentle strength) in dancing
b) Barriers common to smooth and joyful movement
c) Challenges of creative, individual movement within the collective structure
d) Reasons why people contra dance

The class/workshop will be relaxed but meaningful with a healthy balance of discussion and dancing. Not only are beginners welcome, but also experienced dancers who wish more in depth training in the art of contra dance.

Participants are encouraged to attend the entire session.

Adults and children are welcome. No pre-registration is required.

Attendees are encouraged to stay for the evening contra dance with music performed by Crooked Pine, Fiddlers Grove in the 1980’s. Craig retired as the Deputy Fire Chief for the small town of Black Mountain, NC, is married to Jane and has sons Brooke and Levi and daughters Marnie and Megan who are clog dancers with Craig’s extended family.

Marion Boatwright formed the Weasel Creek String Band in the 90’s. They performed across the South specializing in playing for – and organizing -- square and contra dances. Marion has built, owned and run two wilderness lodges, one in Transylvania County USA and one in New Zealand. He now runs Stony Point Studios in Brevard NC and Marion’s son and daughter are raising families clamoring for visits with ‘Grandpa Weasel’.

Crooked Pine has the reputation of being a high energy old time contra band that works very closely with a caller to match tunes to dances. Oh, and by the way, we stand up to play music and we have a great time at dances. It makes a difference.

Crooked Pine has now been the band of the evening at River Falls, the Old Farmers Ball, the Grey Eagle, Dunn’s Rock Country Dance, Gwynn Valley Reunion dance and the house contra and entertainment band for the Bannerman Family Dance Camp. Contra Dance at Camp Gwynn Valley

"The Crooked Pine String Band is a delight to work with. I worked with the band recently calling a dance for a rehearsal dinner. Not only was the music perfect for dancing, the band was attuned to my cues while teaching and dancing. The energy and variety of tunes for big circle mountain dancing was great. Ending with a beautiful waltz the wedding couple were thrilled with the evening of music and dance."

Beth Gunn, Dance Caller and Recreation Leader

Craig Bannerman played for years with Mac Snodderly and Kirk Randleman in the Painless Band, winning numerous contests along the way, being retired from competition and becoming the house band for Crooked Pine School in Marshall, he attended a class at Madison High School in Marshall in string music to get out of having to take typing. "That's the whole reason I'm in music." Harrison is a native of Madison County. Today Harrison is a wonderful banjo, mandolin and guitar player, carrying on the traditions of his family and community. Harrison took banjo lessons with Madison County legend Obray Ramsey and also learned to play the guitar, from Floyd Waldrop and from David Shelton of Shelton Laurel. T Troy Harrison is Crooked Pine’s newest member.

For further information, contact event organizer, David Wiley at 423-534-8879.
Over 70 years ago, as Moshe Rynecki watched Hitler’s regime becoming more and more ominous, the Jewish art store owner and artist began bundling his 800-or-so paintings and sculptures and seeking safe places for his life’s work in and around his home of Warsaw, Poland.

“Moshe hid his work with the notion that whatever this was – nobody knew it was the World War and the Holocaust – when it was over, he would collect his paintings and his collection would be whole once again … and that’s not at all what happened,” says the painter’s son and his family narrowly. Rynecki perished in Majdanek, "when Grandpa George died in 1992. "This burden, honor and obligation fell on my shoulders," says Elizabeth Rynecki, who also now oversees the family real estate business. "I felt compelled and haunted by that past."

"When my grandparents died is when the Holocaust Memorial in D.C. opened and I was actually living in D.C. I started to realize the 3 million people were dying, and while I was not Jewish and could not bear witness, I could tell their stories. The paintings were survivors, too, and they had no one to speak for them … [and] if I didn’t do it, nobody else would and those stories."

Thus, began a journey that has taken Elizabeth Rynecki to Poland and across North America, seeking not only paintings, but also “historical justice for my great-grandfather.” She doesn’t try to wrest the artwork away from museums or homes. She just wants to locate them, see them and add them to her growing photographic archive.

“...and if I didn’t do it, nobody else would and those stories. I felt compelled and haunted by that past. That propelled me forward." 

"When my grandparents died is when the Holocaust Memorial in D.C. opened and I was actually living in D.C. I started to realize the 3 million people were dying, and while I was not Jewish and could not bear witness, I could tell their stories. The paintings were survivors, too, and they had no one to speak for them … [and] if I didn’t do it, nobody else would and those stories."

"I hope that after seeing my great-grandfather’s art,” Rynecki says in an interview with the Jewish Film Institute, “audiences will love it and gain a better understanding of the rich and vibrant world of Polish-Jewish art that was lost during the war.”

Moshe Rynecki just wanted to tell the stories of everyone's life of his people in the interwar period, using what he considered to be God-given talents. "If He wouldn’t want me to paint, I wouldn’t have that tremendous urge and desire to immortalize on paper or canvas what I see," the website quotes her Grandpa George quoting his father. "I simply am a writer of sorts – instead of words, I leave my messages in pictures."

Despite the loss of her great-grandfather in the Holocaust and many still-missing treasures, Elizabeth Rynecki says their family’s story now has a “happy ending.” Like her great-grandfather, she has taken up the gauntlet of telling the stories of her people and their unique history.

"For a long time the artwork just hung in our home and the only people that would see it were the few that would come to visit, come to dinner and knew about it and might ask to compose it," she says. “Building the website, writing the book and making the movie mean that so many more people are aware of my great-grandfather’s art and the story – and the larger story, not only of my family, but issues of war and the reverberating impact on next generations and about culture, looting, what it means to be a refugee and what it means to be the daughter of an immigrant.

“I feel really excited and honored that so many people have been so curious to learn more about my story … I hope that my film inspires them to think about their own histories and who their ancestors were, where they came from and how their particular family history fits into a larger, global history because it’s easy to get a little isolated in our own worlds, concerns and families, and I think we just need to have a bigger-picture understanding of how we fit into politics and world history.”

For more information on the film or film series, call the Martin School of the Arts at 423-439-8587 or visit www.etsu.edu/martin. For disability accommodations, call the ETSU Office of Disability Services at 423-439-8346. Additional information on the film is available at www.chasingportraits.org and the Moshe Rynecki gallery can be found at http://rynecki.org.
Veterans Day Public Poetry Reading

A Partnership of
The Warrior’s Canvas & Veterans Art Center
and
The Poetry Society of Tennessee – Northeast Chapter (PST-NE)

When: Monday, November 12, 2018
7:00 – 8:30 pm

Where: The Warrior’s Canvas & Veterans Art Center Studio and Gallery
320 East Main Street, Johnson City, TN 37601

What: A free public reading of veteran-related original poetry, including poems that are
(a) inspired by a veteran’s artwork, (b) composed by a veteran, and/or (c) inspired by
a veteran’s life.

Who: The public is invited to attend. The reading is open to poets wishing to share their
veteran-inspired poetry in a public reading. Poets are encouraged (but not limited)
to compose an Ekphrastic poem related to a work of art, especially one on display at
the Warrior’s Canvas & Veterans Art Center (or on their website gallery or online store).

Deadline for Poets: If you desire to share a poem at the reading, please contact
Howard Carman (PST – NE) by email at hscarman@charter.net or by phone at (423) 914-1778
before Friday, November 9, 2018. Please include your name, poem title, and contact
information. If the poem is based upon a veteran’s artwork, please also include the title of the
work and the name of the artist.

Open hours for the Warrior’s Canvas gallery are: Wednesday 10:00 am to 2:00 pm;
Thursday 11:00 am to 3:00 pm; Friday 10:00 am to 4:00 pm; Saturday 10:00 am to 2:00 pm

For further details regarding a visit to The Warrior’s Canvas & Veterans Art Center, please contact
David Shields by email at David.S@warriorscanvas.org or by phone at (423) 946-3732

COMING

NOV 02
HOPE GALA 2018
FEATURING
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PERFORMANCES BY AMYTHYST KIAH, JOHN-MARK MAGAHA,
AND ALL THE KINGS MEN

NOV 03
SUNNYBROOK CHURCH OF THE BRETHREN
PRESENTS
SIDEWALK PROPHETS
SOMETHING DIFFERENT TOUR

NOV 04
THEATRE BRISTOL PRESENTS
FIDDLER ON THE ROOF
FOR THE HOLIDAYS

NOV 23
AN EVENING WITH
JOHN ANDERSON
- ACOUSTIC -
SPECIAL GUEST ELVIE SHANE

NOV 24
THEatre BRISTOL PRESENTS
MOSCOW BALLET’S
GREAT RUSSIAN
NUTCRACKER

NOV 29
STEVE EARLE
& THE DUKES
30TH ANNIVERSARY OF COPPERHEAD ROAD
WITH SPECIAL GUESTS THE MASTERSONS

DEC 01
ROGER MCGUINN AND CHRIS HILLMAN
CELEBRATE 50 YEARS OF
SWEETHEART OF THE RODEO
WITH SPECIAL GUEST
MARTY STUART & HIS FABULOUS SUPERLATIVES

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THE NUTCRACKER

DEC 09
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